

## EXTREME WEATHER EVENTS, MORTALITY, AND MIGRATION

Olivier Deschênes and Enrico Moretti\*

*Abstract*—We estimate the effect of extreme weather on life expectancy in the United States. Using high-frequency data, we find that both extreme heat and cold result in immediate increases in mortality. The increase in mortality following extreme heat appears mostly driven by near-term displacement, while the increase in mortality following extreme cold is long lasting. We estimate that the number of annual deaths attributable to cold temperature is 0.8% of average annual deaths in our sample. The longevity gains associated with mobility from the Northeast to the Southwest account for 4% to 7% of the total gains in life expectancy experienced by the U.S. population over the past thirty years.

### I. Introduction

THROUGH the twentieth century, the U.S. population experienced an unprecedented increase in life expectancy. The economic value of such an increase is enormous, exceeding, by some calculations, the value of the growth in all nonhealth goods and services (Nordhaus, 2002). The determinants of the increase in life expectancy are numerous and complex, but it appears that economic growth, public health measures, and, especially, science and technology were important determinants. Cutler, Deaton, and Lleras-Muney (2006) provide a recent survey of the importance of the various determinants and their interplay.<sup>1</sup>

In this paper, we focus on the relationship between weather and mortality in the United States. Specifically, we estimate the effect of episodes of extreme heat and extreme cold on longevity. We use these estimates to provide new evidence on the underlying causes of long-run increases in life expectancy experienced by the U.S. population over the past several decades.<sup>2</sup>

Extreme weather events generate enormous public interest. Each summer, the popular press devotes significant coverage to the impact of heat waves on mortality. Heat waves are claimed to kill scores of people, especially among the poor and the elderly. Recent examples include the 2006

heat wave in California (400 deaths), the 2005 heat wave in Arizona (100 deaths), and the particularly deadly heat wave in France in 2003, which, according to the French National Institute of Health and Medical Research, caused 18,000 deaths. Cold waves are also claimed to increase mortality. The clamor associated with these events sometimes results in drastic and costly policy changes. For example, following the 1995 heat wave, which reportedly caused 800 deaths in Chicago, Mayor Richard M. Daley put in place an articulated policy of response to extreme weather events that includes the mobilization of thousands of emergency personnel to contact, provide supplies to, and, in some cases, relocate elderly citizens.<sup>3</sup>

While it is clear that mortality spikes in days of extreme hot or cold temperature, the significance of those deaths in terms of reduction in life expectancy is much less clear. The number of deaths caused by extreme temperatures on a given day could be compensated for by a temporary fall in mortality in the subsequent days or weeks, if extreme temperature principally affects individuals whose health is already compromised. This could happen if extreme temperature precipitates the health condition of individuals who are already weak and would have died even in the absence of the shock. In this case, the only effect of the weather shock is to change the timing of mortality by a few days or weeks, but not the number of deaths in the longer run. Such temporal displacement is sometimes referred to as a harvesting effect. Thus, the excess mortality observed on cold and hot days does not necessarily imply significant permanent reductions in life expectancy.<sup>4</sup>

Unlike much of the previous literature, our estimates of the effect of extreme weather events on mortality allow a flexible dynamic relationship between weather shocks and mortality, and therefore account for the possibility of near-term mortality displacement. We base our analysis on data

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\* University of California, Santa Barbara, and NBER (Deschênes); University of California, Berkeley, and NBER (Moretti).

<sup>1</sup> See Costa (2003) for historical evidence.

<sup>2</sup> While considerable attention has been devoted to effect of weather on economic outcomes in developing countries (for example, Miguel, 2005; Acemoglu, Simon, & Robinson, 2003; Oster 2004), less attention has been devoted to the effect of weather in the United States.

<sup>3</sup> In addition to the immediate impact of extreme weather on mortality, there is now increasing concern that higher temperatures and incidence of extreme weather events caused by global warming could create major public health problems in the future. A growing literature analyzes that and related questions (Deschênes & Greenstone, 2007; Kalkstein, 1993; Tol, 2002). In this paper, however, we leave these issues aside and focus on the impact of extreme temperature on realized longevity.

<sup>4</sup> On the other hand, the opposite may also be true. Consider, for example, the case where unusually low temperature today results in increased mortality over the next few days or weeks, because some respiratory conditions take time to fully develop and spread. This delayed response would imply that the long-run effect of extreme weather is larger than the short-run effect.

that include the universe of deaths in the United States over the period 1972–1988. We match each death to weather conditions on the day of death and in the county of occurrence. The use of high-frequency data and the fine geographical detail allow us to estimate with precision the effect of cold and hot temperature shocks on mortality, as well as the dynamics of such effects.

Our results point to widely different impacts of cold and hot temperature on mortality. Consistent with accounts in the media, we find that hot temperature shocks are indeed associated with a large and immediate spike in mortality in the days of the heat wave. As expected, this effect is particularly large for elderly individuals. Remarkably, however, almost all of this excess mortality is explained by near-term displacement. In the weeks that follow a heat wave, we find a marked decline in mortality hazard, which completely offsets the increase during the days of the heat wave. As a consequence, there is virtually no lasting impact of heat waves on mortality.<sup>5</sup>

In contrast, we find that the cold temperature days have a significant and long-lasting impact on mortality rates. Cold waves are associated with an immediate spike in mortality in the days of the cold wave, but there is no offsetting decline in the weeks that follow. The cumulative effect of one day of extreme cold temperature during a thirty-day window is an increase in daily mortality by as much as 10%. As such, the deaths attributable to cold temperature represent significant reduction in life expectancy. This impact of cold weather on mortality is significantly larger for females than for males. For both genders, the effect is mostly attributable to increased mortality due to cardiovascular and respiratory diseases. When we stratify by income, we find that the impact of extreme cold temperature is significantly larger for males living in low-income areas. Not surprisingly, infants and older adults are more affected by cold temperature than are prime-age adults.<sup>6</sup>

The aggregate magnitude of the impact of extreme cold on mortality in the United States is large. We estimate that the number of annual deaths attributable to extreme cold temperature in the white population is 14,380, or almost 360 deaths per cold day. This roughly corresponds to 0.8% of average annual deaths in the United States during the sample period. We interpret this figure as a remarkably large number: it exceeds the annual deaths due to leukemia, homicide, and chronic liver disease or cirrhosis. The overall impact on longevity is substantial: the average person who died because of cold temperature exposure lost in excess of ten years of potential life.

Of course, there are sizable differences across cities in the incidence of cold-related deaths. Minneapolis, Detroit, Cleveland, and Chicago are the most affected, with esti-

mates ranging from 1.4% to 3.2% of annual deaths that could be delayed by changing the exposure to extreme cold days.

Our findings have important implications for explaining improvements in the life expectancy of the U.S. population. We estimate that a significant fraction of the increase in longevity experienced by the U.S. population over the past thirty years can be attributed to reduced exposure to cold days induced by geographical mobility. Geographical mobility affects longevity because it modifies the exposure of individuals to extreme temperatures. As a whole, the U.S. population has moved from cold northeastern states to warm southwestern states. For each individual in the United States who lives in a state different from the state of birth, we compare the exposure in the state of residence with the counterfactual exposure that that individual would have experienced in the state of birth.

We calculate that each year 4,600 deaths are delayed by the changing exposure to cold temperature due to mobility. As a consequence, the average individual experiences an increase in longevity of 0.008 to 0.015 years per calendar year as a result of the lower exposure to cold weather. We compare this figure to the increase in longevity experienced in the United States over the past thirty years. Our estimates indicate that 3% to 7% of the gains in longevity experienced by the U.S. population over the past three decades are due to the secular movement toward warmer states in the West and the South, away from the colder states in the North. This evidence on mobility-induced changes to cold weather exposure identifies an important but previously overlooked explanation for increased longevity in the United States.

Finally, we test whether mobility decisions of individuals are correlated with the health benefits associated with avoiding extreme cold. We find that the probability of moving to a state that has fewer days of extreme cold is higher for the age groups that are predicted to benefit more in terms of lower mortality compared to the age groups that are predicted to benefit less. While this finding is consistent with a model of rational mobility, there are many unobserved determinants of mobility that we cannot account for, and therefore this correlation does not necessarily have a causal interpretation.

In the next section, we review the existing literature on the link between extreme weather and mortality. In section III, we describe the data. In section IV, we present the estimates of the effect of heat and cold waves on mortality. In section V, we quantify the effect of cold waves on longevity and the effect of geographical mobility on longevity. Section VI concludes.

## II. Background

### A. Existing Literature

The relationship between excessively high or low temperature and mortality has been well documented since the

<sup>5</sup> Of course, every death is harvesting, because we all eventually die. The point here is that in a heat wave, some individuals die only a few days earlier than they would have, not a few months or years earlier.

<sup>6</sup> In contrast, cold temperature reduces mortality for young adults (aged 20–34) through a marked reduction in motor vehicle accident fatalities.

early 1900s (see Grover, 1938, for an early example), though most of the emphasis is on the immediate effect of extreme heat. For example, Curreiro et al. (2002) estimate nonlinear temperature-mortality relationships for eleven cities in the United States from 1973 to 1994. For most of the cities, the relationship is U-shaped and asymmetrical, with a steeper profile in the range of warm temperatures than in the range of cold temperatures. The sensitivity of mortality to hot and cold temperatures depends on latitude as well as on socioeconomic and demographic characteristics.<sup>7</sup> Though the specifications include lagged temperatures as control variables, estimated coefficients for these terms are not reported, making it difficult to compare cumulative effects (net of harvesting) among cities. Basu and Samet (2002) offer a comprehensive overview of the literature on heat-related mortality.

The existing evidence on harvesting effects is mixed. In one of the first studies to allow dynamic effects, Lee (1981) presents a carefully executed analysis of the impact of extreme weather on mortality and fertility in England for the period 1538 to 1800. Using a distributed lag regression with lags of up to four months, he finds that the summer mortality effect peaks after a one-month delay, and the winter temperature effect occurs primarily in the current month. In other words, unusually cold winters are quickly lethal, while unusually hot summers are slowly lethal, possibly reflecting the difference between quickly fatal respiratory illnesses and slowly fatal effects of lower food and water quality due to hot weather.

These results differ from those of Lars (1990), who uses U.S. data and finds that the one-month lag effects are insignificant for summer months, but significantly positive in winter months. Lars documents that a 1 degree Fahrenheit drop in average monthly temperature does not have a significant effect on mortality in June or September, but it increases mortality in the months between October and May and decreases mortality in July and August.<sup>8</sup> In contrast, Hajat et al. (2002) find that the effect of extreme heat on mortality is higher in June than in July and August. Since the other occurrences of extreme heat are primarily in June, this may be suggestive of a harvesting effect. Hajat et al. (2002) also document that mortality was strongly affected by extreme heat during the 1976 heat wave: they calculate that each degree above 23.3°C is associated with a 6.73% increase in deaths during this fifteen-day heat wave.<sup>9</sup>

<sup>7</sup> Their estimates of the average effect of a 10-degree Fahrenheit increase in temperature on mortality range from 1.43% in Tampa to 6.56% in Baltimore.

<sup>8</sup> Interestingly, Lars (1990) also finds that the effects differ by state of residence in January and February. They are strongest in 1921 in the two southern states, which are also the poorest states in the sample. It is difficult to distinguish whether this is because their residents are less prepared for cold weather or because temperature variance (which is higher in the southern states) also increases mortality.

<sup>9</sup> Like Curreiro et al. (2002), Hajat et al. (2002) use Poisson generalized additive models (GAMs) to model mortality. This approach allows the inclusion of nonparametric smoothers for seasonality and time trends,

Probably the article that is closest to our study is Kunst, Looman, and Mackenbach (1993). Using data on the Netherlands from 1979 to 1987, the authors find that the lagged effects of a 1 degree Celsius drop in temperature below 16.5°C remain positive for up to thirty days, yielding a cumulative effect of a 1.17% increase in mortality. In contrast, a 1 degree Celsius increase in temperature above 16.5°C increases deaths only in the next two days and decreases deaths in subsequent days. More recently, Pattenden, Nikiforov, and Armstrong (2003) estimate a similar model to investigate differences in the effect of temperature on mortality in London, England, and Sofia, Bulgaria. They find that 1 degree Celsius of extreme heat (defined as two-day average of degrees above the 90th centile of two-day mean temperatures, by city) is associated with a 3.49% immediate increase in mortality in Sofia and a 1.86% increase in London. Defining cold spells by two-week averages, each additional degree drop (below the 10th centile of two-week mean temperatures) is associated with a 1.83% increase in mortality in Sofia and a 4.24% increase in London.

Hajat et al. (2005) focus on heat-related mortality and compare the extent of displacement of mortality in Delhi, São Paulo, and London in the 1991–1994 period. Their estimates of the immediate effect of each 1 degree Celsius above the threshold 20°C on daily mortality are 2.2% for Delhi, 1.6% for São Paulo, and 1.4% for London. However, they find that while short-term displacement accounts for nearly all of the immediate effect of excess heat in London, it is only partially responsible for heat-related mortality in São Paulo, and even less so in Delhi, where coefficients on the lag terms remain positive as long as twenty days after the incidence of excess heat.<sup>10</sup>

### B. Mechanisms

Within certain limits, healthy individuals can cope with thermal stress caused by increases or decreases in ambient temperatures through thermoregulatory responses. For example, exposure to both high and low temperatures generally triggers an increase in the heart rate in order to increase blood flow from the body to the skin. Thus, in periods of prolonged exposure to excessive cold or hot temperatures,

while other explanatory variables are allowed to enter linearly. When adjusting for seasonality and other controls, temperature and mortality tend to have a U-shaped relationship, with a “bliss point” at the temperature that minimizes mortality risk. Some measure of “heat” or “coldness,” typically calculated as degrees away from a specified threshold temperature, is assumed to have a linear relationship with log mortality.

<sup>10</sup> The net excess risk (sum of mortality effects over 28 days) of a 1 degree increase in temperature over 20°C is estimated to be 2.4% in Delhi and insignificantly different from zero in São Paulo and London. When the estimates are further broken down by age group and cause of death, it is evident that the difference in mortality displacement between Delhi and London stems from the stark contrast in their at-risk populations: in Delhi, 48% of deaths occur in the age range 0–14, while only 1% of deaths in London fall in this range. It appears that excess heat affects mortality primarily through respiratory diseases afflicting persons above age 65 in London, whereas in Delhi, it also operates through the increased susceptibility of children to infectious diseases.

the increased cardiovascular stress results in mortality for some individuals.

The prominent causes of death in periods of elevated temperatures are cardiovascular diseases, respiratory diseases, and cerebrovascular diseases. Similarly, cold-related mortality is also mostly attributable to cardiovascular diseases. The main mechanism underlying the increased mortality in periods of excessive temperature is the additional stress imposed on the cardiovascular and respiratory systems by the demands of body temperature regulation. These additional demands can be particularly taxing on individuals with limited physical ability to adapt, for example, the elderly. The mechanisms linking mortality to cold temperature also stem from an increased burden on the cardiovascular system. Exposure to excessively cold temperature can lead to increased cardiovascular stress because of vasoconstriction and increased blood viscosity. Less is known as to which population groups are more likely to be affected by such effects.

### C. Behavioral Risk Factors

The literature has identified several risk factors associated with heat-related mortality, though the identification strategies used are sometimes questionable. Most of the risk factors appear to be related to socioeconomic status. For example, multiple studies have shown that access to air-conditioning greatly reduces mortality risks during period of elevated temperatures. While socioeconomic factors are strong predictors of heat-related mortality, other factors also appear important. Klinenberg (2003) documents the effect of the 1995 Chicago heat wave on mortality. He argues that the reason that elderly mortality seems to be more sensitive to heat waves than the mortality of other age groups is isolation. In addition, persons living in densely populated urban areas have higher risks than those living in rural or suburban areas because of the phenomenon known as the “urban heat island effect” (Landsberg, 1981). Unfortunately, there is much less evidence available on the risk factors associated with cold-related mortality.

### D. Indirect Effects

A smaller literature has also established that weather fluctuations can affect human health through indirect channels. For example, variation in weather generates variation in air pollution. One example of a pollutant that is very sensitive to weather is ozone, because sunlight and temperature directly affect ozone formation. Weather also affects health and behavior (such as going outside), so it is potentially correlated with exposure. To the extent that pollution increases acute episodes of respiratory diseases, it could affect mortality.<sup>11</sup>

<sup>11</sup> See, for example, U.S. EPA (2003) for a review of the estimated correlations between ozone and health outcomes.

Bhattacharya, Haider, and Currie (2002) examine the effects of cold weather periods on family budgets and on nutritional outcomes in poor American families. They find that poor families increase fuel expenditures and reduce food expenditures in response to cold weather. Weather events also have important impacts on the incidence of motor vehicle accidents. Eisenberg and Warner (2005) found that on snowy days, there were more nonfatal accidents than on dry days, but fewer fatal crashes. They also found evidence of behavioral adjustment in the sense that the first snowy day of the year was associated with substantially higher accident risk than subsequent snowy days.

## III. Data and Preliminary Analysis

The mortality data for this study are drawn from the Multiple Causes of Death (MCOD) files for 1972–1988.<sup>12</sup> The key variables for our analysis are the cause and age of death, the exact date of death, and the county of occurrence.<sup>13</sup> Our sample consists of all white deaths occurring in the continental United States. Throughout the analysis, we estimate separate models for males and females and also estimate the models separately for nine age groups, for eighteen different estimation samples. For each of these groups, we construct a balanced panel of mortality totals for each day between 1972 and 1988. Each of those panels has 18,487,710 observations.<sup>14</sup> The balanced MCOD data are then combined with county-level population totals by age groups to calculate daily-level mortality rates that we will use in the analysis.<sup>15</sup>

The weather data are drawn from the National Climatic Data Center Summary of the Day Data (TD-3200). The data are daily measurements from 24,833 weather stations that were operational in the United States at some point over the sample period. The station-level data are aggregated at the county level by matching stations to the closest county. Matches are based on the exact longitude and latitude of the weather station and the longitude and latitude of the county centroid. For the period 1972–1988, we obtain a panel of 12,534,615 county-day observations with nonmissing information on daily temperature and precipitation.<sup>16</sup>

<sup>12</sup> Since 1968, the MCOD files have provided information on all deaths occurring in the United States. However, information on exact date of death is available only in the public use data for 1972 to 1988. After 1988, only the month of death and the day of death are reported in the public use files.

<sup>13</sup> We exclude 130 counties from the analysis because they either changed name or FIPS over the course of the study period. The majority of those are from Virginia.

<sup>14</sup> There were 6,210 days between 1972 and 1988, so for the 2,977 counties in our MCOD samples, this amounts to 18,487,710 observations.

<sup>15</sup> The population counts are from the 1968–1988 Compressed Mortality Files. They are computed by the Census Bureau, interpolating data from the decennial Census of Population, augmented with year-specific information on births, deaths, and migration.

<sup>16</sup> In most cases, each county has one or more weather stations. In the few cases where a county does not have a weather station, we assign that county the closest weather station.

TABLE 1.—AVERAGE DAILY MORTALITY RATES, BY COUNTY

	All	Age Group								
		0	1–9	10–19	20–34	35–44	45–54	55–64	65–74	75+
<b>Females</b>										
<i>All cause mortality</i>	2.2981	1.3370	0.0475	0.0501	0.0847	0.1970	0.5383	1.3138	3.2848	13.8255
<i>Specific causes of Death</i>										
1. Infectious diseases	0.0217	0.0344	0.0019	0.0009	0.0017	0.0028	0.0054	0.0123	0.0288	0.1177
2. Neoplasms	0.4940	0.0071	0.0063	0.0058	0.0151	0.0734	0.2405	0.5366	0.9701	1.8221
3. Cardiovascular diseases	1.2372	0.0287	0.0023	0.0024	0.0080	0.0362	0.1394	0.4689	1.6177	9.2048
4. Respiratory diseases	0.1405	0.0566	0.0032	0.0018	0.0028	0.0070	0.0223	0.0708	0.2023	0.9340
5. Motor vehicle accidents	0.0320	0.0078	0.0075	0.0194	0.0177	0.0126	0.0128	0.0148	0.0219	0.0324
6. Suicide	0.0147	—	0.0000	0.0027	0.0094	0.0134	0.0160	0.0143	0.0125	0.0116
7. Diabetes	0.0504	0.0003	0.0001	0.0003	0.0014	0.0037	0.0101	0.0325	0.0930	0.2761
<b>Males</b>										
<i>All cause mortality</i>	2.8101	1.8216	0.0663	0.1220	0.2293	0.3619	0.9452	2.3007	4.8385	10.4830
<i>Specific causes of death</i>										
1. Infectious diseases	0.0285	0.0475	0.0023	0.0010	0.0052	0.0108	0.0112	0.0192	0.0375	0.0882
2. Neoplasms	0.6043	0.0076	0.0086	0.0086	0.0172	0.0586	0.2331	0.6608	1.2912	1.8494
3. Cardiovascular diseases	1.3681	0.0393	0.0026	0.0035	0.0140	0.0996	0.4125	1.1108	2.5086	6.2120
4. Respiratory diseases	0.2149	0.0800	0.0037	0.0023	0.0040	0.0094	0.0340	0.1316	0.4032	1.0771
5. Motor vehicle accidents	0.0853	0.0083	0.0112	0.0502	0.0653	0.0345	0.0304	0.0291	0.0311	0.0451
6. Suicide	0.0553	—	0.0000	0.0114	0.0342	0.0312	0.0340	0.0367	0.0411	0.0489
7. Diabetes	0.0382	0.0002	0.0001	0.0002	0.0016	0.0052	0.0124	0.0333	0.0756	0.1458

Note: The entries are population-weighted average daily mortality rates for the period 1972–1988, by gender, age, and cause of death. The all-age entries are age-adjusted to the gender-specific 1980 population standard.

Table 1 shows the average daily mortality rates per 100,000 population by age group and gender for selected causes of death.<sup>17</sup> Unless we note otherwise, all mortality rates are reported per 100,000 population. Also, all mortality rates corresponding to the entire age distribution are age adjusted to the 1980 gender-specific population standard in order to take into account geographical differences in age distribution and gender. The table reports that the average daily mortality rate of females of all ages is 2.30 per 100,000 population. Thus, on average during the 1972–1988 period, for every 100,000 living women, 2.30 died on a typical day in the United States. The corresponding figures for males are also reported in table 1. Not surprisingly it is larger, with an all-age daily mortality rate of 2.81 per 100,000.

The typical age profiles of mortality are apparent in an examination of the columns of table 1. Still, there is also remarkable heterogeneity in mortality rates across age and gender groups. For all-cause mortality, the female and male infant daily mortality rates are 1.34 and 1.80. This is significant since mortality rates reach this level again only at the 55–64 age category. The daily mortality rate starts to increase rapidly at older ages, and in the 75 and above age category (the last group we consider), it is 13.83 for women and 10.48 for men.

In addition to all-cause mortality, we consider seven mortality causes: infectious disease, neoplasms, cardiovascular disease, respiratory disease, motor vehicle accidents,

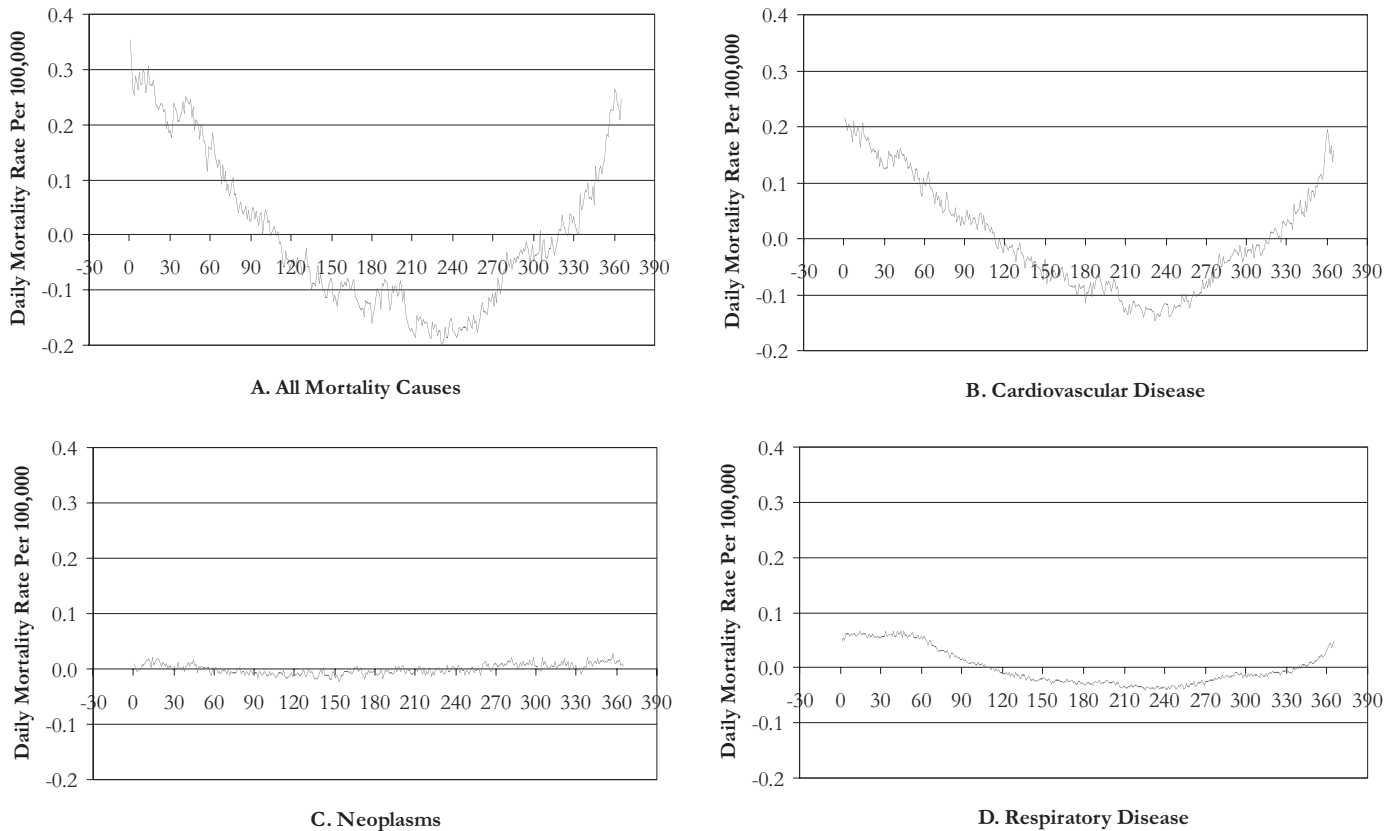
suicides, and diabetes. Together these seven causes explain in excess 85% of the overall mortality rates of males and females. As is well known, mortality due to cardiovascular disease is the single most important cause of death in the population as a whole. The entries in column 1 suggest that on a typical day, 1.24 female deaths and 1.37 male deaths per 100,000 are attributable to cardiovascular disease. However, the relative importance of each cause of death differs by age. For example, respiratory disease is the most frequent cause of infant death, and motor vehicle accidents are the most important in explaining mortality up to age 35, especially for men. Finally, for the population aged 45 and above, where mortality rates increase rapidly with age, cardiovascular disease and neoplasms are the two primary causes of mortality.

#### A. Seasonal Patterns in Mortality

Figures 1 and 2 illustrate the seasonality of mortality patterns for each age group. This phenomenon has been well documented before, though mostly for European countries (see Alderson, 1985; McKee, 1989). Figure 1 shows the full seasonal patterns of all-cause and cause-specific mortality rates. For simplicity, we pool males and females and all age groups, though similar patterns emerge from a gender-specific analysis. On the horizontal axis is each day of the year, starting at 1 for January 1 and ending at 365 for December 31 (we excluded February 29 in leap years). Each line in the figure represents the average mortality rate per day for all age groups over the period 1972–1988. We removed the mean of each series in order to have a common

<sup>17</sup> All statistics reported in this paper are weighted by the county population in relevant year and age group.

FIGURE 1.—AVERAGE DAILY MORTALITY RATES FOR ALL-CAUSE AND CAUSE-SPECIFIC MORTALITY, 1972–1988, PER 100,000 POPULATION (DEVIATIONS FROM DAY-SPECIFIC AVERAGES)



scale for each series. Figure 1A shows the overall mortality rate. The pervasive seasonality in all-cause mortality is apparent: mortality rates essentially follow a U-shaped pattern, with the peaks in January and December, and the lowest points from mid-July to mid-August. Similarly, cardiovascular mortality, displayed in figure 1B also follows U-shaped pattern. However, the season trend of all-cause mortality is not mirrored in all the specific causes. For example, there is essentially no seasonality in mortality due to neoplasms, as seen in figure 1C. Finally, figure 1D shows that respiratory disease mortality is also concentrated in the winter months.

Seasonal patterns are not the same everywhere. Figure 2 documents the geographical variation in the seasonal patterns of mortality. To this end we compare Suffolk County, Massachusetts (which includes the city of Boston), and San Diego County, California (which includes the city of San Diego). These counties were chosen because of the marked difference in their winter climate and because of the similarity of their summer climate and other characteristics, such as per capita income.

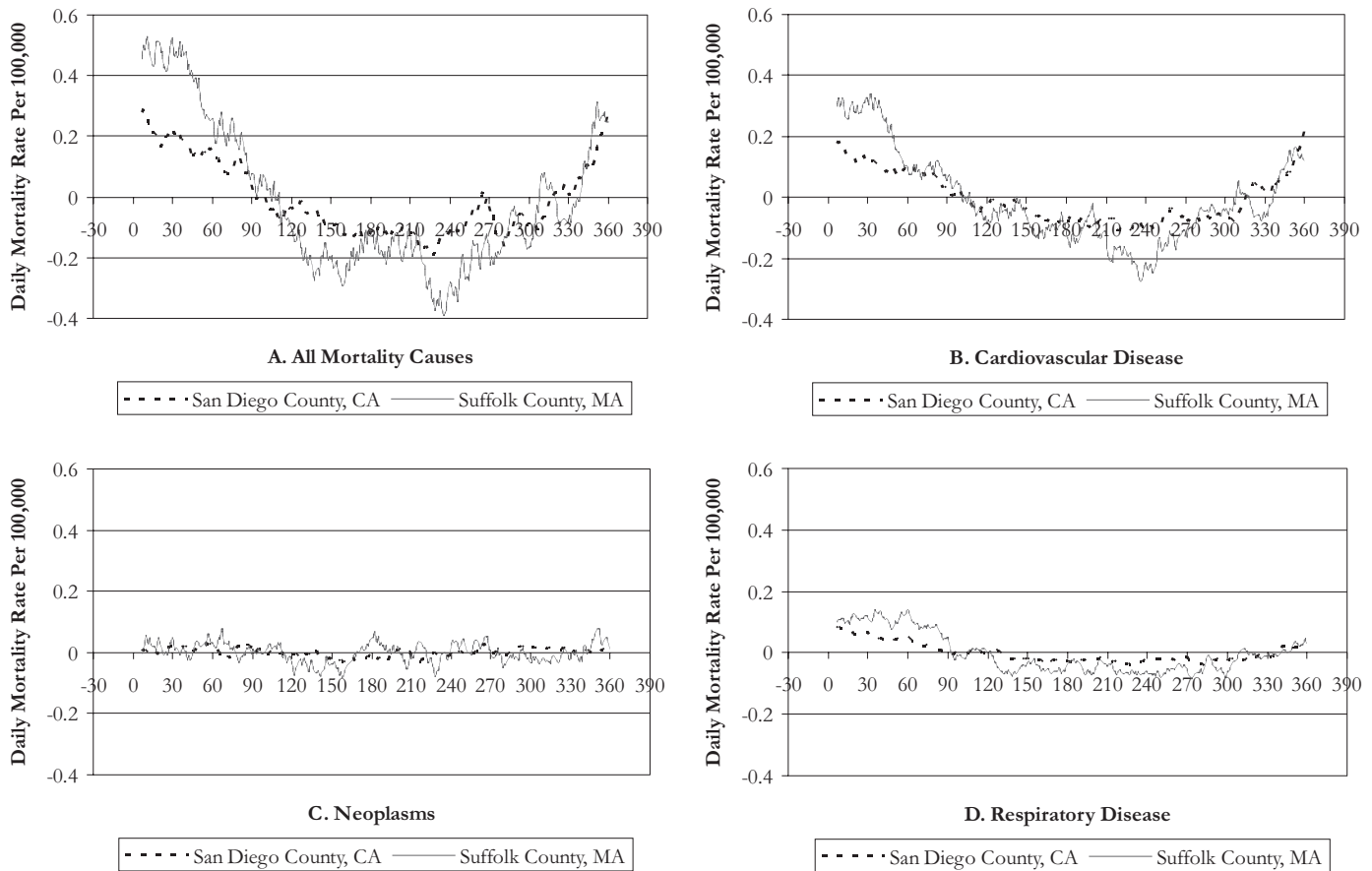
Again, we removed the mean of each series in order to have a common scale for each figure. In order to emphasize the main trends, the series were smoothed using a seven-day moving average. Figure 2A shows the average daily all-cause mortality rates of all age groups for

Suffolk (solid line) and San Diego (dashed line). For both counties, we observe that mortality rates follow the U-shaped seasonal patterns shown in figure 1, but also with geographical differences. For example, it is apparent that the mortality rate is higher in Suffolk than in San Diego in the winter months (days 1–90). Figures 2B to 2D further document the seasonal differences in mortality rates between San Diego and Suffolk by examining mortality rates for specific causes of death. Cardiovascular mortality and, to a lesser extent, respiratory diseases show excess mortality rates in Suffolk during the winter days. Neoplasms show essentially no seasonal patterns for both counties, as was the case in figure 1. There is also little evidence of significant difference of excess winter mortality due to diabetes and external causes (not shown).

**IV. Estimates of the Effect of Extreme Temperatures on Mortality**

In this section we present static estimates of the effect of temperature shocks on mortality. We begin in section IVA by presenting estimates of the contemporaneous effect of heat and cold waves on mortality. In section IVB, we consider a more general model that includes the effect of

FIGURE 2.—AVERAGE DAILY MORTALITY RATES FOR SUFFOLK COUNTY, MA, AND SAN DIEGO COUNTY, CA, 1972–1988, PER 100,000 POPULATION (DEVIATIONS FROM COUNTY × DAY-SPECIFIC AVERAGES).



heat and cold waves on mortality not only on the days of the extreme weather event, but also the days and weeks following. This model allows us to calculate the long-run effect of the event, net of any harvesting and accounting for any delayed impacts in the effect. In section IVC, we differentiate the effect by cause of death. Finally, in section IVD, we investigate alternative specifications and extensions, in particular whether the effect depends on county income and relative exposure.

A. Contemporaneous Effect

To quantify the contemporaneous effect of extreme temperature on mortality in any given day and location, we estimate a simple linear model relating the daily mortality rate in a county,  $Y_{cdt}$ , to a daily temperature measurement for this county ( $T_{cdt}$ ):<sup>18</sup>

$$Y_{gcdt} = \alpha_g + \beta_g T_{gcdt} + \lambda_{gcm} + u_{gcdt}, \tag{1}$$

<sup>18</sup> Since the literature is unclear as to whether mortality is more related to daytime or nighttime temperatures, we use the 24-hour average temperature for each day.

where  $g$  denotes gender,  $c$  denotes county,  $d$  denotes day of the year (1–365; for simplicity we eliminated February 29 in leap years),  $m$  (1–12) denotes month, and  $t$  denotes year (1972–1988). In order to account for seasonality and geographical differences in mortality patterns documented in the previous section, we include a series of county-by-year-by-month effects,  $\lambda_{gcm}$ . With 17 years of data and 2,279 counties, there are approximately 400,000 such effects. These effects are allowed to vary by gender and will be allowed to vary by gender and age in the age-specific models reported here. We also include a quadratic in daily precipitation, although it is of little importance in explaining mortality in practice. Finally, since weather and mortality are likely to be serially correlated over time within the county, all standard errors reported in this paper are clustered at the county level.

Under the assumption of a linear additive model, the gender-by-county-by-year-by-month effects nonparametrically account for all the determinants of mortality that vary across gender, counties, and months over time, as well as for the monthly-level seasonality in mortality. So, for example, permanent differences in health care services or the overall

TABLE 2.—CONTEMPORANEOUS ESTIMATES OF THE EFFECT OF COLD AND HOT TEMPERATURE ON DAILY ALL-CAUSE MORTALITY RATES

	Females				Males			
	<20	<30	>80	>90	<20	<30	>80	>90
Mean daily temperature	<20	<30	>80	>90	<20	<30	>80	>90
Fraction of cold/hot days	0.042	0.105	0.070	0.006	0.042	0.105	0.070	0.006
All cause mortality (s.e.)	0.0033 (0.0050)	-0.0028 (0.0037)	0.1076 (0.0097)	0.0678 (0.0151)	0.0396 (0.0058)	0.0379 (0.0046)	0.1114 (0.0109)	0.0564 (0.0141)
Percent effect	0.1	-0.1	4.7	3.0	1.4	1.3	4.0	2.0
<i>Cause-specific</i>								
1. Infectious diseases	0.0014 (0.0005)	0.0001 (0.0004)	0.0011 (0.0015)	-0.0013 (0.0015)	0.0002 (0.0005)	0.0006 (0.0004)	0.0004 (0.0005)	-0.0034 (0.0011)
2. Neoplasms	0.0145 (0.0025)	0.0127 (0.0018)	-0.0014 (0.0019)	0.0030 (0.0057)	0.0140 (0.0024)	0.0130 (0.0019)	-0.0027 (0.0024)	-0.0009 (0.0093)
3. Cardiovascular diseases	0.0374 (0.0040)	0.0384 (0.0032)	0.0124 (0.0061)	0.0246 (0.0102)	0.0565 (0.0043)	0.0458 (0.0030)	0.0154 (0.0054)	0.0074 (0.0119)
4. Respiratory diseases	0.0070 (0.0014)	0.0068 (0.0010)	0.0034 (0.0014)	0.0002 (0.0028)	0.0099 (0.0018)	0.0094 (0.0014)	0.0004 (0.0015)	0.0500 (0.0049)
5. Motor vehicle accidents	0.0005 (0.0005)	-0.0003 (0.0004)	0.0003 (0.0006)	0.0006 (0.0017)	0.0006 (0.0009)	0.0011 (0.0007)	0.0016 (0.0010)	0.0054 (0.0028)
6. Suicide	0.0002 (0.0004)	-0.0006 (0.0003)	0.0002 (0.0004)	0.0018 (0.0010)	0.0002 (0.0007)	0.0009 (0.0005)	-0.0006 (0.0007)	-0.0024 (0.0024)
7. Diabetes	0.0006 (0.0009)	0.0042 (0.0027)	-0.0012 (0.0008)	-0.0015 (0.0020)	0.0008 (0.0007)	0.0007 (0.0005)	0.0002 (0.0006)	0.0005 (0.0015)

Note: Standard errors clustered by county are reported in parentheses. The first row shows the fraction of days in the sample where the mean temperature falls below or above the specified daily mean temperature. Entries in all the other rows are estimates of the coefficient on whether mean daily temperature is above or below the prespecified level (the coefficient  $\beta$  in equation [1]). Each entry is from a separate regression. The dependent variable is the daily mortality rate, age-adjusted to the gender-specific 1980 population standard. All models include a series of county-by-year-by-month effects. Percent effect is the ratio of the estimated effect and the mean daily mortality rate reported in table 1.

health attributes of the local gender- and age-specific populations will not confound the temperature variables. This is also important since seasonality in mortality has been known to confound estimates of the temperature-mortality relationship (Mackenbergh, Kunst, & Looman, 1992). As such, the temperature effect on mortality is identified from county-by-year-by-month deviations in temperature. Another clear advantage of using random shocks in temperature to identify the models is that it mitigates the possibility of measurement error bias. The number of deaths in small and medium-sized counties on a given day is likely to be rather noisily measured. Fortunately, in that case, the measurement error in the dependent variable will be uncorrelated with the temperature variables on the right-hand side once we condition on the county-by-month-by-year fixed effects. Since the daily mortality in low-population counties may exhibit sizable day-to-day variation, we also weight all regression models by county population.

We experimented with several possible specifications of the temperature effects. We begin in table 2 by reporting the estimates where  $T_{cdt}$  is a dummy variable equal to 1 if the mean daily temperature in county  $c$ , day  $d$ , and year  $t$  is below or above a predetermined threshold. Mean temperature on a given day is defined as the simple average of the minimum and maximum temperature that day. Since the underlying model relating weather and mortality is unknown, we examine several possible thresholds, corresponding to cold- and heat-related mortality.<sup>19</sup> For both

females and males, we consider two thresholds for cold temperature exposures (daily mean temperatures less than 20°F and 30°F, respectively) and two thresholds for hot temperature exposures (daily mean temperatures exceeding 80°F and 90°F, respectively).

The first row of table 2 shows the fraction of days in our sample where the population is exposed to cold and hot days, weighted by the relevant population. For example, 4.2% of all days have a mean temperature below 20°F, and 0.6% of all days have a mean temperature above 90°F.

The estimates for the cold temperature models indicate a small immediate increase in mortality on cold days for males but no such relationship for females. For example, the all-cause male mortality rate increases by 0.0396 on days when the mean temperature falls below 20°F. This impact corresponds to a 1.4% effect, compared to the mean daily mortality rate reported in table 1. For females, the corresponding impacts are small (a 0.1% impact) and statistically imprecise. The remaining rows are organized by mortality cause. Examination of the cause-specific estimates reveals three significant findings. First and foremost, the estimated cold temperature mortality effect is to a very large extent driven by excess cardiovascular mortality on cold days. Second, there is also clear evidence that cold days are associated with increased mortality from neoplasms. Finally, the other cause of death significantly accelerated by cold temperatures is respiratory diseases. In all causes considered in table 2, there is little evidence of differences across gender in the magnitude of the contemporaneous cold mortality impacts. Importantly, all the cold mortality estimates reported in table 2 have similar magnitudes regardless of the chosen threshold for cold temperatures.

<sup>19</sup> Other aspects of daily weather such as humidity and wind speed could influence mortality, both individually and in conjunction with temperature. Importantly for our purposes, there is little evidence that wind chill factors (a nonlinear combination of temperature and wind speed) perform better than simple temperature levels in explaining daily mortality rates (Kunst, Groenhof, & Mackenbach, 1994).



Unlike the moderate impacts of cold temperature days on all-cause daily mortality rates, the estimates for hot temperature are much larger in magnitude. For males and females, the all-cause mortality rate increases by 0.10 to 0.11 on days when the mean temperature goes above 80°F, corresponding to a 4% effect. Similarly, mortality rates are higher on days when the average temperature goes above 90°F, although the magnitude of the impact is smaller (2%–3% effects). Turning to specific causes of death, the entries in table 2 suggest that excess mortality immediately following exposure to high temperatures is mostly attributable to cardiovascular diseases (CVD). The immediate impact of heat on cardiovascular diseases mortality has been reported elsewhere (see Braga et al., 2002; Huynen et al., 2001). Interestingly, the contemporaneous effect of high temperatures on CVD is smaller than the contemporaneous effect of cold exposure on CVD.

In conclusion, the evidence in table 2 suggests that mortality rates are significantly higher on both cold and hot days, but that the excess mortality on hot days is substantially larger (at least three times larger) than on cold days. This evidence is consistent with the popular notion that heat waves (and, to a lesser extent, cold waves) significantly increase mortality, and with the dramatic characterization of these events found in the popular press.

### B. Dynamic Effect

The results reported so far do not take into account the potentially dynamic relationship between temperature exposure and mortality. It is possible that deaths resulting from extreme temperature could constitute near-term mortality displacement. In other words, extreme temperatures may simply anticipate the death of individuals whose health is already compromised and who would have died a few days later even in the absence of the event. In this case, the only effect of the temperature shock is to change the timing of mortality by a few days, not the number of deaths over a longer period. Such temporal displacement is sometimes referred to as the harvesting effect. If this is the case, extreme temperatures could have no significant permanent effect on life expectancy, and the contemporaneous estimates reported in table 2 could grossly overstate the mortality effect of cold and hot temperature shocks.

It is also possible that the presence of dynamic effects may have the opposite effect. This could happen, for example, if an unusually low temperature today results in increased mortality over the next few days or weeks, because some respiratory conditions take some time to fully develop and spread. This delayed response would imply that the contemporaneous estimates in table 2 underestimate the true long-run effect.

Ultimately whether the long-run effect is larger or smaller than the short-run effect is an empirical question. We investigate this possibility by including a distributed lag structure in our models:

$$Y_{gct} = \alpha_g + \sum_{j=0}^J \beta_{gj} T_{gct-j} + \lambda_{gcm} + u_{gct}. \quad (2)$$

This model allows the effect of temperature up to  $J$  days in the past to affect mortality rates today. In equation (2), the total effect of temperature on mortality rates for a given gender group (also called dynamic causal effect) is obtained by summing the coefficients on the contemporaneous and lagged temperature variables,  $\sum_{j=0}^J \hat{\beta}_{gj}$ .<sup>20</sup> The dynamic causal effect measures the combined effect of temperature today, yesterday, and so forth on mortality rates today. Different lag structures potentially generate different estimates of the dynamic causal effect. In our context, the relationship between the dynamic causal effect and the lag length is informative about the extent of mortality displacements attributable to temperature shocks. If temperature shocks lead to temporal displacement of mortality (for example, harvesting), then there should be a negative relationship between the estimated dynamic causal effect and the lag length. In other words, if there is harvesting, then the immediate increase in mortality in the first few days following a hot or cold shock (implying a positive dynamic causal effect for short lag lengths) should be followed with a corresponding compensatory effect where mortality in the weeks following the shock declines relative to the trend (implying a negative dynamic causal effect for medium to long lag lengths).

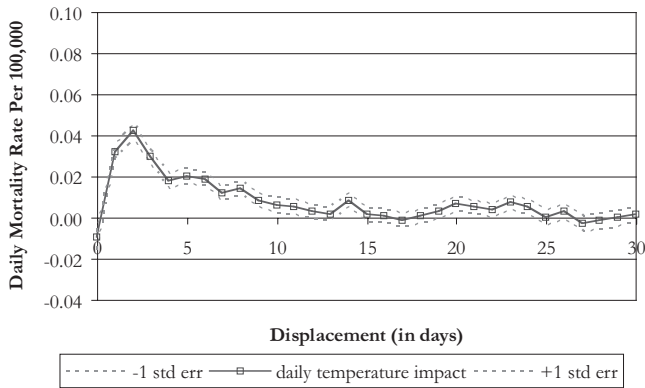
The richness of our data and our large sample sizes allow us to control the independent effect of temperature in each of the thirty days preceding a given recorded death. We choose thirty days for our base specification because it appears unlikely that temperature shocks have significant lagged effects after one month. Later, we estimate models with lags of sixty and ninety days and find that, consistent with this assumption, the quantitative results do not change significantly.

Figures 3 and 4 display the estimates on current and lagged temperatures as well as their standard errors as a function of the displacement. The left panel of figure 3 shows the dynamic response function associated with cold temperature exposure (days when the mean temperature is below 30°F) for females, and the right panel shows the same for hot temperature exposure (days when the mean temperature is in excess of 80°F). Figure 4 is organized similarly for males. The main findings of the paper are apparent: in the case of exposure to high temperature, there is an immediate and large increase in mortality. For males and females the, magnitude of this excess mortality ranges from 0.08 to 0.10 daily deaths per 100,000. However, within three days of the shock, the effect has completely dissipated, and the

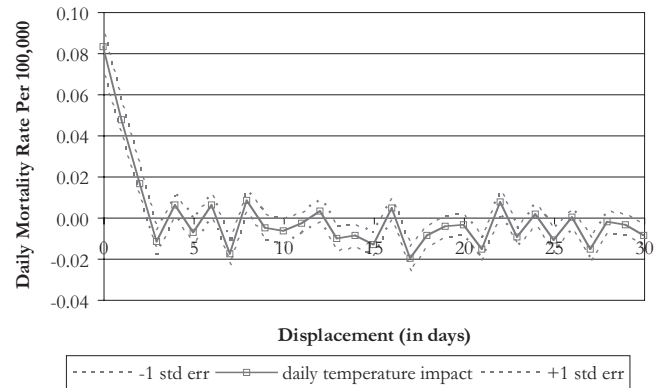
<sup>20</sup> This dynamic causal effect is sometimes referred to as the cumulative dynamic multiplier. See Stock and Watson (2003) for an insightful discussion of dynamic causal effects. Consistent estimation requires that  $E[u_{gct} | \lambda_{gct}, T_{gct}, T_{gct-1}, \dots, T_{gct-J}] = 0$ .

FIGURE 3.—ESTIMATED COEFFICIENTS FROM DYNAMIC MODELS OF THE EFFECT OF COLD AND HOT TEMPERATURE EXPOSURE ON DAILY FEMALE ALL-CAUSE MORTALITY RATES

(A) Daily Mean Temperature Less than 30°F



(B) Daily Mean Temperature More than 80°F



estimated effects hover around the 0 line. A notably different pattern emerges with cold temperatures. In this case, the immediate mortality response to the shock is smaller and peaks two to three days following the shock. What is remarkable is the magnitude and significance of the dynamic response at larger lags. For males and females, cold temperature exposure still has a significant effect on mortality rates ten to fifteen days following the exposure.

Table 3 examines these dynamics with more detail. Each row reports the independent effect of lagged temperature variables, estimated in a model where thirty lags are included. The coefficients in the first row (the 0 lag independent effect) measure the contemporaneous effect of today's temperature on today's mortality, conditional on the temperature for the past thirty days. The coefficients in the second row (the lag "1–2" independent effect) measure the combined effect of the temperature in the two preceding days on today's mortality, conditional on today's temperature and the other lags. In terms of equation (2), this corresponds to  $\hat{\beta}_{g1} + \hat{\beta}_{g2}$ . The interpretation of the coefficients in the other rows is similar. Finally, the thirty-day

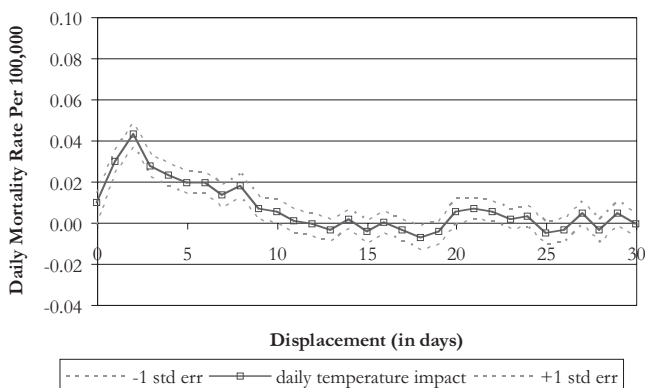
dynamic causal effect in the last row is the sum of the coefficients on the contemporaneous temperature dummy variables and the coefficients on all lagged temperature dummy variables:  $\sum_{j=0}^{30} \hat{\beta}_{gj}$ . This measures the long-term effect of the temperature shock.

It is clear from the results in table 3 that the contemporary effect of temperature is vastly different for hot and cold days. The estimates for hot temperature indicate that on hot days, mortality immediately increases, as was shown in table 2. For example, on days when the average temperature raises above 80°F, the death rate increases by 0.083 points for females and 0.098 points for males. Both effects are precisely estimated with standard errors in the 0.007–0.009 range. However, there is no such immediate relationship for cold days: the estimates for the cold temperature thresholds are either negative or statistically insignificant.<sup>21</sup> The effect of lags 1 and 2 measures the cumulative effect of one day of

<sup>21</sup> The negative cold effect for contemporaneous temperature in such dynamic models has been found elsewhere as well (see Huynen et al., 2001), but the epidemiology literature has yet to explain it.

FIGURE 4.—ESTIMATED COEFFICIENTS FROM DYNAMIC MODELS OF THE EFFECT OF COLD AND HOT TEMPERATURE EXPOSURE ON DAILY MALE ALL-CAUSE MORTALITY RATES

(A) Daily Mean Temperature Less than 30°F



(B) Daily Mean Temperature More than 80°F

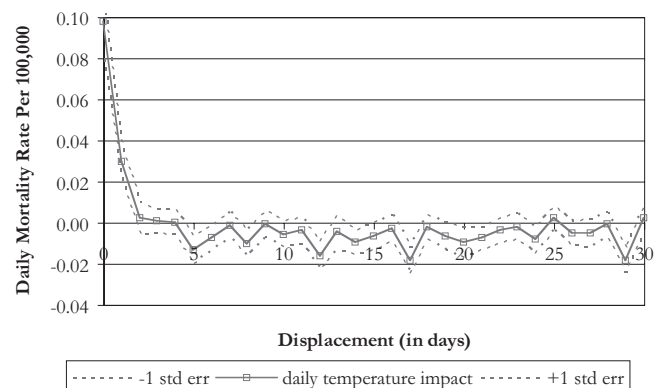


TABLE 3.—CUMULATIVE DYNAMIC ESTIMATES OF THE EFFECT OF COLD AND HOT TEMPERATURE ON DAILY ALL-CAUSE MORTALITY RATES

	Females				Males			
Mean daily temperature	<20	<30	>80	>90	<20	<30	>80	>90
Fraction of cold/hot days	0.042	0.105	0.070	0.006	0.042	0.105	0.070	0.006
Independent effect of lags								
0	-0.0225 (0.0057)	-0.0316 (0.0042)	0.0830 (0.0067)	0.0412 (0.0172)	0.0089 (0.0068)	0.0097 (0.0050)	0.0981 (0.0089)	0.0506 (0.0170)
	-1.0	-1.4	3.6	1.8	0.3	0.3	3.5	1.8
1-2	0.0768 (0.0079)	0.0741 (0.0053)	0.0636 (0.0120)	0.0672 (0.0309)	0.0851 (0.0084)	0.0726 (0.0059)	0.0319 (0.0112)	0.0497 (0.0366)
	3.3	3.2	2.8	2.9	3.0	2.6	1.1	1.8
3-6	0.0956 (0.0089)	0.0806 (0.0068)	-0.0074 (0.0093)	0.0032 (0.0238)	0.0905 (0.0093)	0.0890 (0.0074)	-0.0194 (0.0086)	0.0285 (0.0365)
	4.2	3.5	-0.3	0.1	3.2	3.2	-0.7	1.0
7-14	0.0591 (0.0108)	0.0764 (0.0082)	-0.0407 (0.0096)	-0.0213 (0.0273)	0.0268 (0.0123)	0.0313 (0.0089)	-0.0521 (0.0124)	-0.0219 (0.0355)
	2.6	3.3	-1.8	-0.9	1.0	1.1	-1.9	-0.8
15-30	0.0236 (0.0206)	0.0572 (0.0107)	-0.1032 (0.0144)	-0.0957 (0.0363)	-0.0337 (0.0183)	-0.0027 (0.0116)	-0.0935 (0.0161)	-0.1369 (0.0388)
	1.0	2.5	-4.5	-4.2	-1.2	-0.1	-3.3	-4.9
30-day cumulative effect	0.2326 (0.0206)	0.2567 (0.0150)	-0.0046 (0.0220)	-0.0054 (0.0640)	0.1797 (0.0243)	0.1998 (0.0168)	-0.0349 (0.0251)	-0.0300 (0.0529)
30-day cumulative effect (controlling for county×month and state×year effects)	0.1159 (0.0194)	0.1680 (0.0154)	0.0407 (0.0286)	0.0644 (0.0590)	0.1379 (0.0219)	0.1706 (0.0192)	0.0565 (0.0269)	0.1027 (0.0637)

Notes: Standard errors clustered by county are reported in parentheses. Each column is from a separate regression. The dependent variable is daily mortality rate, age-adjusted to the gender-specific 1980 population standard. All models include a series of county-by-year-by-month effects (except in the last row, where the models control for county-by-month and state-by-year effects). The first row shows the fraction of days in the sample where the mean temperature falls below or above a given threshold. Entries in all the other rows are the effects of lagged temperature dummy variables, estimated in a model where thirty lags are included. For example, the coefficients in the second row (the 0 lag independent effect) measure the contemporaneous effect of today's temperature on today's mortality, conditional on the temperature for the past thirty days. The coefficients in the third row (the lag "1-2" independent effect) measure the combined effect of the temperature in the two preceding days on today's mortality, conditional on today's temperature and on the other lags (this is  $\beta_{gt} + \beta_{g,t-1}$  in equation [2]). The thirty-day dynamic causal effect in the last row is the sum of the coefficients on the contemporaneous temperature dummy variable and the coefficients on all lagged temperature dummy variables:  $\sum_{j=0}^{29} \beta_{gt}$ .

cold or hot temperature in the last two days affects the mortality rate today. Again, there is a remarkable difference between cold and heat effects: The one- to two-day lag effects for heat are attenuated compared to the contemporaneous, while the cold estimates are remarkably larger than the contemporaneous ones. For example, exposure to one day with temperatures above 80°F in the past two days has a cumulative effect on the male daily mortality rate of 0.032 points, while exposure to temperature below 30°F in the past two days raises the male daily mortality by 0.073 points. Notably, the difference between the days 1 and 2 cumulative effect of cold and hot temperature exposure is much smaller for females, though the cold temperature effect still dominates (0.074 deaths per 100,000 versus 0.064 deaths per 100,000). This discrepancy in the dynamic response between males and females already points to one of our main findings: the adjustment window for female mortality following a cold temperature shock is longer than that of males.

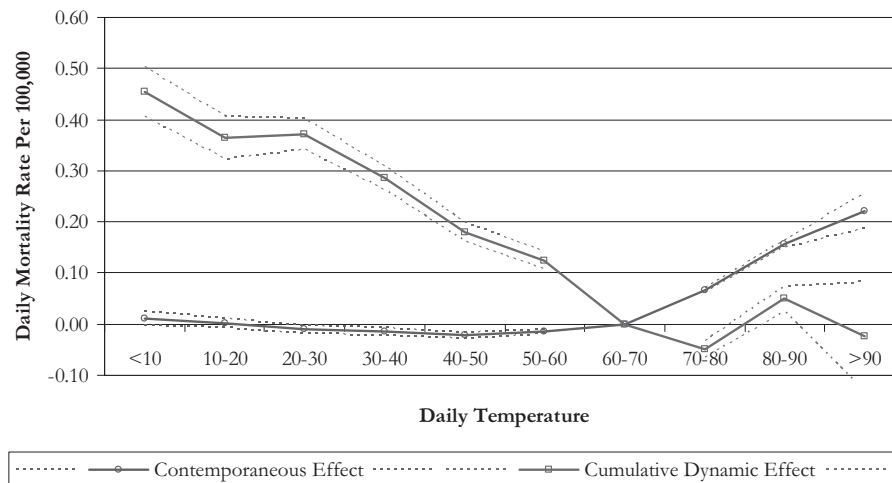
At longer displacements, the divergence between the hot and cold temperature effects on mortality is even more apparent. Perhaps this is best exemplified by the impact at three to six days of displacement: The effect of exposure to cold temperatures on mortality ranges between 0.08 and 0.10 deaths per 100,000, while the effect of exposure to hot temperatures is small in magnitude and statistically insignificant. It is worth noting that the effect of days with mean temperature below 30°F on female mortality remains positive and significant at all displacements considered.

However, for heat-related mortality, the effect of temperature at longer displacements is negative and generally statistically significant, with little discernable differences between males and females. Thus, the initial increase in mortality following a hot day is compensated for with a decline in mortality in the subsequent days, consistent with the harvesting hypothesis. This result applies to both hot temperature thresholds considered and to both males and females.

Finally, we report two different estimates of the thirty-day cumulative effects in the last row. The first, labeled "30-day cumulative effect," is simply the sum of the coefficients of the different displacements reported in the rows above. It is based on the baseline model that includes gender-specific county-by-year-by-month fixed effects.

The results are striking. The cumulative effect of one cold temperature day raises the daily mortality rate by 0.18 to 0.29 points, corresponding to percentage effects of 6.4% to 11.2%. For example, the thirty-day cumulative effect of one day of temperature below 30°F for females leads to an increase in daily mortality rates by 0.2567 points, which corresponds to a 8.9% effect. Across gender and specification, the estimates of cold-related mortality are precise, with *t*-statistics ranging from 7.4 to 17.1. However, no significant effect is discernible for extreme hot temperature above 80°F or 90°F. Extreme heat shocks seem to precipitate the health condition of individuals who are already weak and would have died even in the absence of the shock. The only effect of a heat shock is a minor change in the timing of mortality.

FIGURE 5.—ESTIMATED RELATIONSHIP BETWEEN DAILY TEMPERATURE AND MORTALITY RATES



Notes: Dashed lines represent  $\pm 1$  standard error. The models reported here pool males and females and are based on a 50% random sample of the overall sample. The dependent variable is daily mortality rate, age-adjusted to the 1980 population standard. All models include a series of county-by-year-by-month effects. Contemporaneous effects are estimates of the coefficient on whether mean daily temperature is in each of the ten daily temperature categories, relative to the 60°F–70°F category. Cumulative dynamic effects are estimates from models with thirty lags in daily temperature in each of the ten categories (again relative to the 60°F–70°F category). The reported effect here is the sum of the coefficients on the thirty lags in each category.

The second, labeled “30-day cumulative effect, controlling for county  $\times$  month and state  $\times$  year effects,” is a more restrictive version of the model, whereby the unrestricted effects are now defined by county-by-month and state-by-year. Like the baseline specification, this model allows county-specific seasonality in mortality patterns (as suggested by figure 2) and allows controlling for secular trends in mortality that evolve relatively slowly (e.g., at the year level). The advantage of this specification is that the point estimates are identified relative to the historic normals for a county and month rather than relative to a county and month in the current year. Its main disadvantage is that it requires computational power beyond the capacity of most servers. As such, the estimates reported here are for a 50% sample of our baseline sample. All in all, the estimates from the other model are qualitatively similar to those of the baseline model. The cumulative effects of exposure to cold temperature on mortality are positive and significant, although smaller in magnitude. The cumulative effects of exposure to hot temperature are small and positive, but statistically imprecise and insignificant.

As pointed out above, our definition of cold and heat wave is somewhat arbitrary. While in table 3 we show the cumulative effect for different definitions of heat and cold wave, in figure 5 we show estimates from models where the independent variable is the dummy variable for days in the temperature range 0–10, 10–20, 20–30, and so on.<sup>22</sup> As the figure makes clear, excess mortality occurs at the extremes of the temperature distribution. Moreover, the statistical adjustments for dynamic displacements (harvesting and delayed impacts) are apparent. Again, the contempora-

neous model understates the effect of cold exposure and overstates the effect of heat exposure on mortality. Importantly, the relationship is monotonic: predicted mortality rates are highest at the two extremes of the temperature distribution.

Overall, the evidence in table 3 and figure 5 points to an important conclusion of this paper: increases in heat-related mortality observed during heat waves appear to be mostly an artifact of harvesting and completely disappear within weeks. In other words, the immediate effect of heat on mortality is mostly driven by temporal displacement. By contrast, there is no evidence of harvesting associated with cold-related mortality. The immediate increase in mortality caused by extreme cold weather is not followed by a reduction in the following weeks. As a consequence, it is a long-lasting effect that has the potential of inducing significant changes in a person’s longevity. In sections V and VI, we quantify the effect on longevity.

C. *Dynamic Estimates by Age and Cause of Death*

We now turn to estimates of the effect of cold temperature on mortality by age group and cause of death. This exercise provides valuable information about the pathways between cold temperature and mortality. Each column in tables 4 (females) and 5 (males) corresponds to an age group, and each row corresponds to a specific cause of death. We report the thirty-day total effect corresponding to days with temperature below 30°F.

First, we describe the all-age estimates reported in column 1. These results are remarkable: for both males and females, the leading cause of cold-related excess mortality is cardiovascular disease. The results indicate that respiratory disease is also important, accelerated by exposure to cold temperatures. Together, these two causes alone explain

<sup>22</sup> For computational ease, we have pooled males and females and use a 50% random sample of our main sample. This model has 400,000 fixed effects and 270 regressors.

TABLE 4.—CUMULATIVE DYNAMIC ESTIMATES OF THE EFFECT OF COLD TEMPERATURE ON DAILY MORTALITY RATES: FEMALES, BY AGE AND CAUSE OF DEATH

	(1) All	(2) Below 1 year	(3) Ages 1–9	(4) Ages 10–19	(5) Ages 20–34	(6) Ages 35–44	(7) Ages 45–54	(8) Ages 55–64	(9) Ages 65–74	(10) Ages 75+
<i>All cause mortality:</i>										
Mean (daily)	2.2981	1.3370	0.0475	0.0501	0.0847	0.1970	0.5383	1.3138	3.2848	13.8255
30-day cumulative effect: (s.e.)	0.2567 (0.0150)	0.0271 (0.0600)	0.0066 (0.0039)	0.0006 (0.0034)	–0.0004 (0.0032)	0.0076 (0.0076)	0.0289 (0.0150)	0.0695 (0.0248)	0.1839 (0.0462)	2.3030 (0.1214)
Percent effect	11.2	2.0	13.9	1.2	–0.5	3.9	5.4	5.3	5.6	16.7
<i>Cause-specific mortality</i>										
1. Infectious	0.0050 (0.0013)	–0.0072 (0.0090)	0.0013 (0.0008)	–0.0005 (0.0004)	–0.0002 (0.0005)	–0.0002 (0.0008)	–0.0009 (0.0013)	0.0025 (0.0023)	0.0095 (0.0034)	0.0343 (0.0096)
2. Neoplasms	0.0010 (0.0064)	–0.0001 (0.0048)	0.0005 (0.0013)	–0.0021 (0.0011)	0.0019 (0.0014)	0.0047 (0.0049)	0.0053 (0.0094)	–0.0006 (0.0148)	–0.0181 (0.0221)	0.0444 (0.0391)
3. Cardiovascular	0.1654 (0.0113)	0.0093 (0.0104)	0.0016 (0.0009)	0.0010 (0.0008)	–0.0014 (0.0012)	0.0032 (0.0034)	0.0187 (0.0075)	0.0214 (0.0138)	0.1049 (0.0331)	1.5474 (0.0950)
4. Respiratory	0.0478 (0.0038)	0.0105 (0.0127)	–0.0005 (0.0010)	0.0008 (0.0007)	–0.0001 (0.0006)	0.0042 (0.0014)	0.0046 (0.0028)	0.0135 (0.0056)	0.0495 (0.0113)	4.000 (0.0323)
5. Motor vehicle accidents	–0.0021 (0.0015)	0.0030 (0.0038)	0.0000 (0.0015)	–0.0033 (0.0019)	–0.0011 (0.0015)	0.0001 (0.0019)	0.0015 (0.0022)	0.0008 (0.0021)	–0.0043 (0.0032)	–0.0090 (0.0044)
6. Suicide	–0.0031 (0.0011)	—	0.0000 (0.0000)	0.0001 (0.0007)	–0.0013 (0.0012)	–0.0025 (0.0021)	–0.0019 (0.0022)	–0.0006 (0.0021)	–0.0043 (0.0022)	–0.0059 (0.0025)
7. Diabetes	0.0111 (0.0047)	0.0002 (0.0012)	0.0000 (0.0002)	–0.0001 (0.0003)	0.0001 (0.0005)	0.0039 (0.0012)	0.0064 (0.0021)	0.0027 (0.0039)	0.0034 (0.0071)	0.0447 (0.0156)

Notes: Standard errors clustered county in are reported in parentheses. Entries are estimates of the cumulative effect of cold temperature on mortality over thirty days. Each column reports estimates from the age-specific model listed in the column heading. For the all-age model, the dependent variable is the all-cause or cause-specific mortality rate, age-adjusted to the 1980 gender-specific population standard. Each row corresponds to a specific cause of death. We report the thirty-day cumulative effect corresponding to days with temperature below 30°F.

83% and 94% of the overall mortality impact for females and males, respectively. There are also interesting gender differences. For example, female deaths due to diabetes are significantly increased by exposure to cold temperatures, while male deaths due to motor vehicle accidents are significantly reduced following a cold temperature shock.<sup>23</sup>

Column 2 shows estimates for infant deaths (less than 1 year old). The dynamic causal effects for all-cause mortality are positive for females and males (0.0271 and 0.0923), but imprecisely estimated. In fact, none of the cause-specific mortality rates of infants are significantly changed by cold temperatures.

An interesting finding in table 5 is that for male teenagers and male young adults (the 10–19 and 20–34 age categories), the dynamic causal effects for all-cause mortality are negative and statistically significant. For example, in column 5, the dynamic causal effect reported is –0.0254, corresponding to an 11.1% reduction in daily mortality rates for that age group. This impact is mostly attributable to a causal effect between cold temperature and lower rates of motor vehicle accident mortality. One possible explanation for this finding is that snowfall is more likely on colder days and that snowfall has been shown to be associated with fewer fatal car accidents (Eisenberg & Warner, 2005). It is also notable that such effects are not detected for females in table 4.

For prime-aged adults (45 and above), the evidence of excess mortality as a result of cold days is definitive. The estimates of the cumulative effect of one cold day on daily mortality rates are positive and precisely estimated. The

magnitude of the excess mortality caused by cold temperature increases with age for both genders. For females, it increases from 0.0289 per 100,000 for the 45–54 age group, to 2.3030 per 100,000 for the age group 75 years and over. For males, the mortality impact also increases dramatically after the age of 45, from 0.0490 to 1.2721 per 100,000.

Since mortality rates also increase with age, this result may be misleading. However, similar patterns are observed when the estimates as percentage effects relative to the age-specific average mortality rates are reported. The associated percentage effects increase from 5.4% to 16.7% for females and from 5.2% to 12.1% for males. To the best of our knowledge, we are the first to document this finding for narrowly defined age groups.<sup>24</sup> Examination of the cause-specific estimates reveals that excess CVD mortality is the main driver of the age-increasing mortality impacts. Excess respiratory disease is also an important explanation for the age patterns. There is also no evidence of a connection between neoplasms and cold temperature for both genders.

Taken as a whole, the results in tables 4 and 5 indicate that the cold temperature effect is stronger for older age groups and is mostly concentrated in excess cardiovascular mortality. The estimated impacts are not attributable to temporary displacement of deaths and thus represent a potentially significant reduction in longevity. However, we note that one important limitation of our analysis of mortality by cause of death is that each cause of death represents a competing risk. A change in the incidence of one cause of death therefore changes the pool of individuals at risk to die

<sup>23</sup> The number of suicides and deaths for diabetes is also associated with cold weather. We speculate that extreme bad weather may reduce suicides by reducing the likelihood that people leave their house. We do not have a good explanation for the positive coefficient on diabetes.

<sup>24</sup> There is some evidence in the previous literature that the elderly are more sensitive to temperature fluctuations. However, it is not always easy to interpret these estimates because they are based on less transparent research designs and much broader age categories.

TABLE 5.—CUMULATIVE DYNAMIC ESTIMATES OF THE EFFECT OF COLD TEMPERATURE ON DAILY MORTALITY RATES: MALES, BY AGE AND CAUSE OF DEATH

	(1) All	(2) Below 1 year	(3) Ages 1–9	(4) Ages 10–19	(5) Ages 20–34	(6) Ages 35–44	(7) Ages 45–54	(8) Ages 55–64	(9) Ages 65–74	(10) Ages 75+
<i>All cause mortality:</i>										
Mean (daily)	2.8101	1.8216	0.0663	0.1220	0.2293	0.3619	0.9452	2.3007	4.8385	10.4830
30-day cumulative effect (s.e.)	0.1998 (0.0168)	0.0923 (0.0753)	0.0047 (0.0046)	–0.0116 (0.0047)	–0.0254 (0.0052)	–0.0051 (0.0108)	0.0490 (0.0202)	0.1751 (0.0304)	0.2915 (0.0533)	1.2721 (0.0983)
Percent effect	7.1	5.1	7.1	–9.5	–11.1	–1.4	5.2	7.6	6.0	12.1
<i>Cause-specific mortality:</i>										
1. Infectious	0.0044 (0.0016)	0.0154 (0.0095)	0.0001 (0.0009)	0.0005 (0.0004)	–0.0002 (0.0008)	0.0008 (0.0018)	–0.0036 (0.0019)	0.0031 (0.0028)	0.0083 (0.0050)	0.0288 (0.0085)
2. Neoplasms	–0.0003 (0.0075)	0.0063 (0.0047)	0.0001 (0.0005)	0.0004 (0.0014)	0.0001 (0.0015)	–0.0053 (0.0041)	0.0136 (0.0099)	0.0322 (0.0178)	–0.0506 (0.0269)	0.0106 (0.0343)
3. Cardiovascular	0.1391 (0.0116)	0.0090 (0.0096)	0.0005 (0.0009)	–0.0004 (0.0009)	–0.0014 (0.0015)	0.0108 (0.0058)	0.0377 (0.0125)	0.0965 (0.0221)	0.2107 (0.0418)	0.7997 (0.0707)
4. Respiratory	0.0492 (0.0056)	0.0344 (0.0174)	0.0023 (0.0012)	–0.0001 (0.0008)	0.0021 (0.0008)	0.0012 (0.0016)	0.0093 (0.0043)	0.0246 (0.0084)	0.0635 (0.0165)	0.2846 (0.0365)
5. Motor vehicle accidents	–0.0126 (0.0024)	–0.0026 (0.0038)	–0.0013 (0.0015)	–0.0140 (0.0031)	–0.0166 (0.0027)	0.0012 (0.0029)	–0.0023 (0.0030)	0.0041 (0.0029)	–0.0010 (0.0039)	0.0054 (0.0054)
6. Suicide	–0.0072 (0.0019)	—	0.0001 (0.0001)	0.0007 (0.0017)	–0.0061 (0.0022)	–0.0062 (0.0031)	–0.0008 (0.0034)	–0.0073 (0.0034)	–0.0059 (0.0038)	–0.0032 (0.0049)
7. Diabetes	0.0049 (0.0020)	0.0001 (0.0005)	0.0002 (0.0002)	0.0003 (0.0002)	0.0003 (0.0005)	–0.0003 (0.0014)	0.0017 (0.0024)	0.0025 (0.0045)	0.0107 (0.0068)	0.0233 (0.0131)

Notes: Standard errors clustered by county are reported in parentheses. Entries are estimates of the cumulative effect of cold temperature on mortality over thirty days. Each column reports estimates from the age-specific model listed in the column heading. For the all-age model, the dependent variable is the all-cause or cause-specific mortality rate, age-adjusted to the 1980 gender-specific population standard. Each row corresponds to a specific cause of death. We report the thirty-day cumulative effect corresponding to days with temperature below 30°F.

from other causes. This implies that the interpretation of our estimates by specific cause of death is complicated, and the regressions coefficients could be biased in ways that are difficult to predict.

#### D. Dynamic Effect by Income and Robustness Checks

Table 6 reports estimates from alternative specifications and approaches. In table 6, we first consider models with

longer lag windows. Then we consider models where the effects of cold temperature interact with income. We are interested in investigating whether the effect of a cold day is larger in counties that are poorer. We then provide two tests of the acclimatization hypothesis, which in essence suggest that the temperature-mortality relationship may vary across geographical areas. First, we examine whether the cold temperature effects differ with the average exposure to cold

TABLE 6.—ESTIMATES FROM ALTERNATIVE SPECIFICATIONS

	Females		Males	
	Estimate	Percent Effect	Estimate	Percent Effect
1. Models with longer lag window				
60-day window	0.3079	13.4	0.1633	5.8
(s.e.)	(0.0197)		(0.0219)	
90-day window	0.3723	16.2	0.1722	6.1
(s.e.)	(0.0250)		(0.0278)	
2. Models estimated by income subgroups				
10% poorest counties	0.1671	7.3	0.5801	20.6
(s.e.)	(0.1751)		(0.1748)	
10% richest counties	0.2517	11.0	0.1717	6.1
(std error)	(0.0716)		(0.0743)	
Remaining 80% of counties	0.2638	11.5	0.1888	6.7
(s.e.)	(0.0262)		(0.0268)	
3. Models estimated by average exposure to cold days				
Counties with 10 days or fewer of cold temperature per year	0.5482	23.9	0.6823	24.3
(s.e.)	(0.1360)		(0.1826)	
Counties with 90 days or more of cold temperature per year	0.2195	9.6	0.0966	3.4
(s.e.)	(0.0431)		(0.0549)	
Counties with 11–89 days of cold temperature per year	0.2563	11.2	0.2040	7.3
(s.e.)	(0.0160)		(0.0174)	
4. Relative temperature models: Impact of 1 day with:				
Mean temperature 10 degrees below county monthly mean	0.2595	11.3	0.2335	8.3
(s.e.)	(0.0206)		(0.0241)	
Mean temperature 20 degrees below county monthly mean	0.5298	23.1	0.4333	15.4
(s.e.)	(0.0781)		(0.0909)	

Notes: Standard errors clustered by county are reported in parentheses. Each column is from a separate regression. The dependent variable is daily mortality rate, age-adjusted to the gender-specific 1980 population standard. All models include a series of county-by-year-by-month effects. We report the thirty-day cumulative effect corresponding to days with temperature below 30°F.

days for the county. Second, we quantify the impact of exposure relative to the county normal rather than the impact of absolute temperature thresholds. The idea is that one day below 30°F in Florida and Minnesota might not have the same effect on mortality or that the cold temperature thresholds vary across geographical areas because human bodies get acclimatized to cold or hot temperatures (see Eurowinter Group, 1997).

The baseline specifications in tables 3 to 5 include only thirty lags and therefore implicitly assume that any effect occurs within one month of the temperature shock. We have also estimated models with longer lag structures with up to ninety days of lag effects in order to capture the dynamics of longer horizons. The estimates are reported in panel 1 of table 6. The estimates for females are larger when we consider longer horizon. For males, the longer window estimates are marginally smaller than those reported in tables 4 and 5. However, the differences are small relative to the sampling variability in the estimates. Based on this evidence, we conclude that a thirty-day window provides a reasonable choice of lag window.<sup>25</sup> For males, the full impact of a cold day on mortality occur well within thirty days for males. For females, a window of larger horizon yields mortality impacts that are 40% to 50% larger. However, because the computational difficulty increases rapidly with the lag structure and for comparability with the models for males, we will continue using the baseline specification of a thirty-day lag window.

The estimates in panel 2 pertain to different income subgroups of the sample. In order to gauge the impact of income on the impact of cold temperatures on mortality, we stratify the analysis for three groups of counties. The regression models were estimated separately on the 10% poorest counties in our sample (based on real per capita income), the 10% richest counties, and the remaining 80% of counties whose per capita income falls between the tenth and ninetieth percentiles of the national distribution. Again, there are striking differences across gender. For males, the point estimates indicate that the mortality impacts are larger in the poorest counties. For these counties, one day of cold temperature increases the daily mortality by 0.5801 deaths per 100,000 residents. The impact for the richest counties is the smallest, at 0.1888 deaths per 100,000, and the impact for the remaining counties is 0.1717. Thus, it appears that for men, there are differences in the impact of cold temperatures on mortality due to income and that the relationship is nonmonotonic as the impact in the richest counties is practically the same as among the counties in tenth to ninetieth percentile range. Remarkably, no such differential impact by income strata are found for females. The three point estimates are all within sampling error of each other.

In panel 3, we consider models that are estimated separately for counties that vary in their average exposure to

cold days in the typical year. In particular, we consider counties that experience ten or fewer cold days per year and ninety or more cold days per year (the national average is forty days per year in which daily mean temperature falls below 30°F). This allows us to investigate the acclimatization hypothesis, which predicts that the mortality impacts should be smaller in counties that face more cold days per year, because residents and public authorities are better prepared to deal with cold weather. The evidence suggests that individuals get acclimatized to cold temperatures. The mortality impact of cold temperature is remarkably larger in counties that experience ten or fewer cold days per year. For such counties, the mortality impacts are 0.5482 per 100,000 females and 0.6823 deaths per 100,000 males. The mortality impact is smaller in counties that are exposed to at least ninety cold days per year in the typical year. Nevertheless, the impact of cold temperature on mortality remains sizable and individually significant. In general the standard errors for the point estimates in panel 3 are larger than the corresponding standard errors reported in tables 3 to 5. As such, none of the differences between the panel 3 estimates and the tables 3 to 5 estimates appears large in light of the associated sampling errors, thus weakening the support for the acclimatization hypothesis.

Panel 4 in table 6 examines the possibility that relative exposure (as opposed to absolute exposure) is what matters in the temperature-mortality relationship. So far, the models we considered specify an absolute relationship between temperature and mortality. In other words, in the specification analyzed in tables 3 to 5, cold temperature is defined independent of counties. This could be inappropriate under the hypothesis that there is acclimatization. In that case, exposure relative to the county normal could be a better predictor of mortality. Moreover, areas with relatively warm climates with low fluctuations in temperatures, such as southern California, will contribute little or no identifying variation to the models.<sup>26</sup> In order to take this possibility into account, we define cold days as those where the temperature falls 10 or 20 Fahrenheit degrees below the county mean for the month of observation. For example, in the case of a 10 degree variation, the temperature variables used in the regressions are defined as  $T_{cdt} = (Temperature_{cdt} - Mean\ Temperature_{cm} < 10)$ . The results from this relative effect model obtained estimating with these new temperature variables a model that includes fixed effects are reported in panel 4 of table 6. Remarkably, the estimates appear similar or even larger than the baseline estimates. For example, the thirty-day cumulative effect of one day where the temperature is 10°F below the county mean for the month of observation increases the daily mortality rate by 8.3% and 11.3% for males and females, respectively. These are slightly larger than what we estimate from the absolute effect models. When we consider the

<sup>25</sup> In the typical year for the United States as a whole, only thirty cold waves last longer than thirty days.

<sup>26</sup> For example, over our sample period 1972–1988, San Diego County had no days when the mean temperature fell under 30°F.

TABLE 7.—ROBUSTNESS ANALYSIS

	Females		Males	
	Estimate	Percent Effect	Estimate	Percent Effect
A. Models for log mortality rate				
30-day cumulative effect (impact in deaths per 100,000)	0.2735	11.9	0.2208	7.9
(s.e.)	(0.0212)		(0.0239)	
B. Models controlling only for temperature				
30-day cumulative effect	0.2560	11.1	0.2015	7.2
(s.e.)	(0.0149)		(0.0167)	
C. Models with interactions on number of cold days in last 7 days				
30-day cumulative effect	0.3831	16.7	0.2877	10.2
(s.e.)	(0.0248)		(0.0248)	
D. Models estimated on subsamples				
30-day cumulative effect, pre-1980	0.1667	7.3	0.1395	5.0
(s.e.)	(0.0247)		(0.0281)	
30-day cumulative effect, 1980 and after	0.3373	14.7	0.2563	9.1
(s.e.)	(0.0205)		(0.0215)	
E. Models based on minimum and maximum temperatures only				
Daily maximum $\leq 30^\circ\text{F}$	0.2402	10.5	0.1982	7.1
(s.e.)	(0.0200)		(0.0230)	
Daily minimum $\geq 80^\circ\text{F}$	0.1356	5.9	-0.1389	-4.9
(s.e.)	(0.1662)		(0.1133)	
F. Models based on county of residence				
30-day cumulative effect	0.2830	12.3	0.2192	7.8
(s.e.)	(0.0169)		(0.0156)	
G. Models without first and last two days of months				
30-day cumulative effect	0.2594	11.3	0.2344	8.3
(s.e.)	(0.0178)		(0.0204)	

Notes: Standard errors clustered by county are reported in parentheses. Each column is from a separate regression. The dependent variable is daily mortality rate, age-adjusted to the gender-specific 1980 population standard. All models include a series of county-by-year-by-month effects. We report the thirty-day cumulative effect corresponding to days with temperature below  $30^\circ\text{F}$ .

relative effect model with a deviation of  $20^\circ\text{F}$ , the estimated dynamic causal effect increases dramatically to 23.1% and 15.4%, essentially doubling what was reported earlier. The fact that the estimates from the relative models point to large and significant effects of cold temperature exposure on mortality is greatly reassuring since it implies that our baseline estimates in tables 3 to 5 are not driven by the choice of a particular model of the temperature-mortality relationship.

In table 7, we have examined a series of alternative specification intended to further probe the robustness of our baseline estimates. First, we have reestimated our models using the log daily mortality rate in order to assess the importance of nonlinearities in the mortality-temperature relationship. The normalized impacts from these models listed in panel A are marginally larger than those reported in the baseline specifications. Second, we report estimates from models that drop the controls for daily precipitation. This leads to unchanged estimates. In panel C, we consider specifications with interaction between current and lagged temperatures and the occurrence of multiple days of cold temperatures. Namely, the models include an interaction between each main temperature effect and the number of cold days in the past thirty days. This specification leads to slightly larger mortality impacts than the baseline specification. Next, in panel D, we have tested whether the estimated effects are different in the second half of the period (1980–1988) relative to the first half (1972–1979). The results indicate that if anything, the cold-related mortality impacts are larger in the last half of the sample, though

the difference between the two periods appears marginally statistically significant. Next we have estimated models based on daily minimums (for high temperature) and daily maximums (for cold temperature) rather than the daily average temperature. The estimates are in panel E, and few differences are noticeable. In panel F, we define our samples on the basis of county of occurrence rather than the county of residence. The estimates are not sensitive to this change. Finally in panel G, we want to make sure that our results do not reflect something mechanical that has to do with certain specific dates. We constructed a new sample where we dropped all 0–2 days from the beginning and the end of the month, as well as January 1, October 31, and late December. Our estimates do not seem to be sensitive to this sample selection. Taken as a whole, the evidence in table 7 clearly demonstrates that none of these considerations alters the main conclusions drawn from the analysis in tables 3 to 5.

## V. Effect of Cold Weather on Life Expectancy

In section IV, we showed that episodes of extreme cold are associated with permanent increases in mortality. In this section, we ask, How large is the effect of cold temperature exposure on life expectancy?<sup>27</sup> In particular, in section VA, we ask what would happen to life expectancy in the absence of exposure to extreme cold episodes. We answer this question for the United States as a whole and for some

<sup>27</sup> We focus only on cold-related mortality since our results suggest that hot temperature causes only near-term displacement of mortality, therefore not leading to significant reductions in life expectancy.



TABLE 8.—NUMBER OF DEATHS CAUSED BY COLD TEMPERATURE AND YEARS OF LIFE LOST

Age Group	(1) White Population in 2000 (in 100,000)	(2) Cumulative Effect of One Cold Day on Mortality per 100,000	(3) Implied Annual Deaths	(4) Years of Life Lost (2000)	(5) Total YLL
<b>Females</b>					
0	14.3	0.0271	15.5	80.0	1,240.1
1–9	133.4	0.0066	35.2	76.4	2,690.6
10–19	153.3	0.0006	3.7	66.5	244.7
20–34	226.3	–0.0004	–3.6	51.9	–187.9
35–44	182.5	0.0076	55.5	43.2	2,396.7
45–54	189.2	0.0289	218.7	32.9	7,195.7
55–64	107.2	0.0695	298.0	24.1	7,182.2
65–74	87.1	0.1839	640.7	16.2	10,379.5
75+	94.5	2.3030	8,705.3	9.6	83,571.3
Annual female deaths attributable to cold temperature (all ages)			9,969	YLL per death:	11.5
<b>Males</b>					
0	15.1	0.0923	55.7	74.8	4,170.0
1–9	140.6	0.0047	26.4	71.3	1,884.7
10–19	162.7	–0.0116	–75.5	61.5	–4,642.8
20–34	238.0	–0.0254	–241.8	47.3	–11,437.5
35–44	184.4	–0.0051	–37.6	38.0	–1,429.5
45–54	156.8	0.0490	307.3	29.0	8,912.5
55–64	100.6	0.1751	704.6	20.8	14,655.7
65–74	73.1	0.2915	852.3	13.7	11,677.1
75+	55.4	1.2721	2,819.0	8.1	22,833.7
Annual male deaths attributable to cold temperature (all ages)			4,411	YLL per death:	10.6

Notes: We begin by multiplying the white population in that age group in 2000 (column 1) by the age-specific estimate of the effect of one cold day on mortality (column 2). The product of columns 1 and 2 times 40 (the annual number of cold days for the typical county) provides an estimate of annual deaths associated with cold shocks (column 3). The product of column 3 by the years of life lost per death in each age group in column 4 represents the number of years of life lost per death caused by cold temperature (column 5). Finally, we divide column 5 by the total number of deaths attributable to cold temperature to obtain the number of years of life lost per death caused by cold temperature (YYL per death).

selected cities. Second, in section VB, we ask what fraction of the gains in life expectancy experienced by the U.S. population over the past thirty years can be attributed to lower exposure to extreme cold due to the secular movement of the U.S. population from cold states toward warm states. Finally, in section VC, we test whether mobility decisions of individuals appear to be sensitive to the longevity benefits associated with avoiding extreme cold.

#### A. Years of Life Lost Due to Cold Weather

In table 7 we calculate the number of annual deaths for females and males caused by cold weather and the corresponding years of life lost (YLL) per death. We begin by multiplying the 2000 population counts in each age group (column 1) by the age-specific estimate of the cumulative thirty-day effect of one cold day on mortality (column 2). The product of columns 1 and 2 is then multiplied by 40, which is roughly the annual number of cold days for the typical county (defined as days where the mean temperature falls below 30°F), to obtain an estimate of annual deaths associated with cold shocks (column 3).<sup>28</sup> For males, the estimates range from –241.8 for the 20–34 age group to 2,819.0 for the 75+ age group.<sup>29</sup> For females, the implied annual deaths due to cold temperature are positive in all but one of the age categories.

<sup>28</sup> For simplicity, this estimate assumes uniform distribution of population across all counties.

<sup>29</sup> As we demonstrated in section IV, the negative effect on middle-age individuals is mostly driven by a reduction in car accidents.

As a whole, 14,380 annual deaths are attributable to cold temperature in the United States, which corresponds to approximately 0.8% of annual deaths (based on the 2000 mortality total for whites). We interpret this figure as a remarkably large number. For example, this total exceeds the annual deaths due to leukemia, homicide, chronic liver disease or cirrhosis, and other important causes of death. The gender difference in these cold-related deaths is equally remarkable: the implied mortality impact is basically twice as large for females than males. Most of this difference comes from the predicted impacts for 75+ age group.

Column 4 displays the years of life lost per death in each age group based on the 2000 life tables for white males and females.<sup>30</sup> We multiply these years of life lost (column 4) by the number of implied deaths in each age group (column 3). The resulting figure (column 5) corresponds to the total number of years of life lost caused by cold temperature. For both males and females, the age group most affected is the 75+ group, which loses a combined 106,405 years of life annually because of exposure to cold temperature. Again, this loss disproportionately affects women.

Finally, we divide the YLL in column 5 by the total number of deaths attributable to cold temperature to obtain the number of years of life lost per death caused by cold temperature (YYL per death). The estimate is substantial: the average person who died because of cold temperature exposure lost in excess of ten years of potential life. This

<sup>30</sup> These data are available at <http://www.cdc.gov/nchs/data/lt2000.pdf>.

TABLE 9.—DEATHS CAUSED BY COLD TEMPERATURE AS A FRACTION OF TOTAL DEATHS, BY MSA

MSA	Population 65+ (2000 Census)	Annual Deaths (2000 MCOD)	Annual Cold Days	Implied Deaths	% of Actual Deaths
Chicago	547,349	37,953	57	542	0.014
Philadelphia	487,064	31,720	31	263	0.008
New York	471,567	39,414	36	296	0.008
Los Angeles	431,491	34,202	0	0	0.000
Tampa Bay	374,409	21,454	0	0	0.000
Detroit	355,812	23,178	69	426	0.018
Boston	344,072	39,084	50	299	0.008
Pittsburgh	335,190	20,914	47	271	0.013
Phoenix	300,451	17,153	0	0	0.000
San Jose	265,335	15,929	5	24	0.002
Riverside	248,503	15,722	0	0	0.000
Washington, DC	246,401	15,462	28	121	0.008
Minneapolis	236,316	13,997	109	448	0.032
Cleveland	231,183	14,914	56	224	0.015
San Diego	217,698	10,267	0	0	0.000
Atlanta	215,797	13,905	9	32	0.002
Baltimore	210,128	12,977	28	103	0.008
West Palm Beach	203,432	13,237	0	0	0.000
Houston	201,481	12,369	1	4	0.000
Fort Lauderdale	180,062	11,738	0	0	0.000
Total	6,103,741	415,589	—	3,054	0.007

Note: This table focuses on the population age 65+ and on the twenty metropolitan areas with the largest number of elderly white residents.

simple calculation highlights the fact that cold temperature causes nontrivial reductions in expected lifetime.

It is important to realize that this estimate of counterfactual longevity depends on the assumption that people who died because of a cold wave would have lived until the average life expectancy for their age and gender. One important caveat to this calculation is that it may overstate the loss in life years, because the affected individuals may have been negatively drawn from the health distribution. While we account for heterogeneity in age and gender, we are unable to account for other determinants of health.<sup>31</sup> It is therefore possible that the affected individuals have shorter life expectancies than the average person in their age-gender group.

Of course, this effect varies tremendously depending on geography. Table 9 examines cold-related deaths by city among the elderly. In this table, we focus on the population of age 65 and above since it is the most affected by cold temperature. In addition, most individuals in this population are retired and face fewer constraints in their mobility decisions than prime-aged adults. We focus on the twenty largest metropolitan statistical areas (MSAs) in terms of elderly white population.<sup>32</sup> The Chicago MSA is the largest, with an elderly population of 547,349, and the Fort Lauderdale MSA is twentieth, with a population of 180,062. The second column shows the total annual deaths for each MSA. Interestingly, the total mortality rankings do not exactly correspond to the population rankings. For example, New York City has the largest mortality total in the white elderly group (39,414)

but ranks third in population.<sup>33</sup> The next column shows the average annual number of cold days in each metropolitan area (as before, defined as days where the mean temperature falls below 30°F). For example, Chicago is exposed to 57 cold days per year on average, while Philadelphia faces only 31. The city with the strongest exposure is Minneapolis, with an average of 109 cold days per year. Several cities experience no or few cold days, including Los Angeles, Tampa Bay, Phoenix, and San Jose.

A simple counterfactual exercise is to ask how many deaths would be delayed if all the elderly in a cold city moved to a city where they would not be exposed to cold temperature (for example, Los Angeles). The answer is provided in column 4, which shows the implied annual deaths due to cold temperature in each metropolitan area. This is obtained by the product of columns 1 and 3 (the exposure) multiplied by 1.74, the estimated impact of 1 cold temperature day on deaths per 100,000 in the 65+ population.<sup>34</sup>

The Chicago MSA has the most annual cold-related deaths, 542, followed by Minneapolis (448) and Detroit (426). For the twenty MSA as a whole, 3,054 deaths, or 0.7% of all deaths in these cities, could be delayed by moving individuals to areas not exposed to cold temperature. The last column shows the city-specific impacts in percentage terms. This is obtained by taking the ratio of

<sup>31</sup> Unfortunately, the 1972–1988 MCOD files contain little usable demographic information besides age and gender. For example, educational attainment is added to the MCOD files starting in 1989.

<sup>32</sup> We use data from the 2000 Census.

<sup>33</sup> Of course, these differences cannot be interpreted causally, as they might reflect differences in the age distribution above 65 or socioeconomic differences across cities. Remarkably, this estimate was basically the same for males and females (1.7428 and 1.7430 respectively).

<sup>34</sup> This estimate is obtained from estimating our distributed lag regression (3) for the population aged 65 and above. It roughly corresponds to a population-weighted average of the age-specific estimates reported in table 5.

implied deaths to total deaths. The results show that for some cities, cold-related deaths represent a sizable fraction of actual deaths. For example, in the Minneapolis MSA, our estimate of cold-related mortality corresponds to 3.2% of all deaths. Other affected MSAs are Detroit (1.8%), Chicago (1.4%), and Cleveland (1.5%).

### B. Gains in Life Expectancy Due to Secular Trends in Mobility

We now turn to geographical mobility. Over the past half-century, the U.S. population has moved from the northeastern and midwestern states to southwestern states, movement that has resulted in a diminished exposure to cold temperature. We compute how much of the observed increase in life expectancy can be attributed to the secular movement of the U.S. population from cold areas in the North to warmer areas in the Southwest.

Over that thirty-year period, the average age of death in the white population increased by 8.1 years for females and 6.3 years for males. How much of this improvement can be attributed to lowered exposure to extreme cold caused by geographical mobility? We look at all U.S.-born individuals who live in a state different from the state of birth. For each of these movers, we compare the exposure in the state of residence with the counterfactual exposure that that individual would have experienced in the state of birth.<sup>35</sup>

Our estimates indicate that on net, 4,600 deaths are delayed by the changing exposure to cold temperature each year (s.e. = 2,091.0). This figure is the net effect of mobility, because it is the difference between the lower mortality experienced by those who moved from cold states to warm states and the higher mortality experienced by those who moved in the opposite direction. We calculate this difference for each state pair and age group.

When we multiply this difference by the estimated number of years of life lost associated with a cold day for the relevant age group, we find that the average age of death (or longevity) increased by 0.008 to 0.015 years per calendar year as a result of lower exposure to cold weather due to migration. In other words, U.S. residents gained about four days of extra life per calendar year because of mobility. The details of the calculation are presented in the appendix.

We compare this figure to the annualized increase in longevity in the United States over the period 1970–2000. In annual terms, the average age of death in the white population increased by 0.20 to 0.25 years per calendar year over the past thirty years. Assuming that the age distribution of movers across states is constant over time, we can compare our estimated longevity effect of mobility to the annualized increase in overall longevity in the United States between

1970 and 2000. Our estimate of the longevity effect of mobility corresponds to approximately 3% to 7% of these annual gains in overall longevity. We view this as a remarkably large effect.

There are two important caveats to the interpretation of this relationship. First, one might expect that people migrating from colder areas to warmer areas are those most at risk in cold areas. This would cause us to understate the effect of migration.

But in the calculations about the potential magnitude of the effects on mobility on life expectancy, we are implicitly holding relative prices fixed.<sup>36</sup> This assumption is not fully realistic, because the large number of movers who have left the Northeast and the Midwest to settle in the West and South is likely to have affected wages and land prices throughout the United States. In particular, one might expect that in the absence of the vast migration of the past forty years from cold states to warm states, wages in cold states would have been lower (or at least not higher) and land values would have been higher (or at least no lower), everything else constant. The opposite would be true in warm states. For individuals who do not own land, this would imply a lower standard of living in cold states and a higher standard of living in warm states. While it is hard to know exactly what this may have implied for overall life expectancy, this general equilibrium effects have the potential to bias our counterfactual estimates of longevity.

### C. The Decision to Move and Cold Temperatures

We now test whether individual mobility decisions are correlated with the health benefits associated with avoiding extreme cold. This analysis is meant to be descriptive and helps contextualize the main findings of the paper. Although our findings are consistent with a model of rational mobility, we cannot account for many unobserved determinants of mobility, and therefore the correlations uncovered in this section do not necessarily have a causal interpretation.

Table 10 shows estimates of the impact of differential exposure to cold weather on the probability of moving, by age. The dependent variable is a dummy equal to 1 if the relevant individual in the 2000 Census resides in a state different from their state of birth.<sup>37</sup> The main independent variable is the interaction between the difference in the number of cold days and the relevant age group. Temperature is measured at the state level. The first entry in column 1 indicates that the probability of moving from state  $i$  to state  $j$  increases if state  $i$  has fewer cold days than state  $j$ . This probably reflects the secular movement toward warmer locations.

<sup>35</sup> To identify movers, we use census data. Since we know only state of birth, not county of birth, we compute the change in exposure as the difference between the number of cold days in the state of residence minus the number of cold days in the state of birth, thus ignoring within-state differences in weather.

<sup>36</sup> The reason is that our estimates of the effect of weather on mortality are obtained using within-area, short-run changes in weather. These estimates therefore hold everything about the county, including prices, fixed.

<sup>37</sup> We include only white males and females born in the forty-eight continental states and the District of Columbia.

TABLE 10.—ESTIMATES FROM MOBILITY MODELS, MOBILITY DEFINED BASED ON STATE OF BIRTH  
(DEPENDENT VARIABLE: MOBILITY INDICATOR (=1 MOVED FROM STATE OF BIRTH))

	(1)	(2)	(3)	(4)	(5)	(6)
Difference in annual cold days	-0.0077 (0.00002)	-0.0064 (0.00004)	-0.0061 (0.00003)	-0.0068 (0.00003)	-0.0048 (0.00003)	-0.0037 (0.0011)
Difference in annual cold days × Age						
35–44	—	—	—	—	—	—
45–54	—	-0.0006	-0.0006	-0.0005	-0.0003	-0.0004
55–64	—	-0.0013	-0.0012	-0.0012	-0.0006	-0.0008
65–74	—	-0.0025	-0.0024	-0.0023	-0.0013	-0.0015
75+	—	-0.0029	-0.0028	-0.0026	-0.0015	-0.0018
<i>F</i> -statistics						
Interactions = 0	—	1,383.2	1,306.5	1,222.5	481.4	621.2
Interactions all equal	—	1,122.2	1,075.2	991.6	408.6	495.1
Age dummies	No	Yes	Yes	Yes	Yes	Yes
Demographic controls	No	No	Yes	Yes	Yes	Yes
State birth effects	No	No	No	Yes	No	Yes
State residence effects	No	No	No	No	Yes	Yes

Note. Robust standard errors are reported in parentheses. Entries are estimates of the impact of differential exposure to cold temperature on the probability of moving, by age. The dependent variable is a dummy variable equal to 1 if the relevant individual resides in a state different from his or her state of birth in 2000. The level of analysis is the individual, and the data are from the 2000 Census of Population. In the sample are white males and females, born in the forty-eight continental states and the District of Columbia. The independent variable in column 1 is the difference in the number of cold days between the state of residence and the state of birth. In column 2, we interact the difference in the number of cold days with indicators for each age group. For example, for individuals 35 to 44, a one-day decline in the number of annual cold exposure is associated with an increase in the probability of mobility by .0008. For individuals above age 75, a one-day decline in the number of annual cold exposure is associated with an increase in the probability of mobility by 0.32 percentage points. In column 3 we control for a full set of demographic variables, including sex, educational attainment, marital status, family size, work disability, weeks worked, and total income. In column 4 we include unrestricted effects for state of birth, and in column 5 we include unrestricted effects for state of residence. The model in column 5 is close to being fully saturated.

What is more interesting is that the magnitude of this effect is different across age groups. In particular, in column 2, we interact the difference in the number of cold days with indicators for age groups. The entries in column 2 indicate that the magnitude of the effect of cold weather on mobility increases with age (in absolute value), after controlling for age dummies. For example, for individuals ages 35 to 44, the probability of mobility is only marginally affected by the difference in exposure to cold. A one-day decline in the number of annual cold exposure is associated with an increase in the probability of mobility by 0.0008. By contrast, the effect is four times larger for individuals above age 75: a one-day decline in the number of days of annual cold exposure is associated with an increase in the probability of mobility by more than three-tenths of a percentage point. The key point here is that the pattern of the age-specific coefficients mirrors differences across age groups in the effect of cold weather on mortality uncovered in table 5.

In columns 3 to 6, we include an increasing number of controls. In column 3, we add a full set of demographic variables: sex, educational attainment, marital status, family size, work disability, weeks worked, and total income. All of these are controlled for using a series of unrestricted dummy variables. In column 4, we include dummy variables for state of birth, and in column 5, we also include dummy variables for state of residence. The model in column 5 is close to fully saturated, and it fully accounts for permanent differences across states of births and state of residence, as well as age effects and demographics. The coefficients on the interactions are generally lower. Notably, the differences across age groups persist. The coefficient for the groups above age 75 remains about four times larger than the coefficient for the age group 35 to 44.

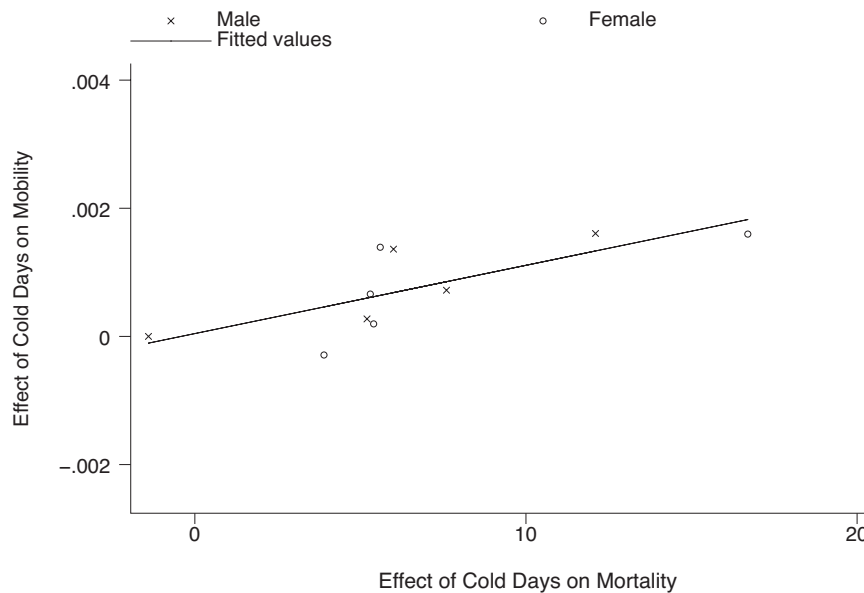
To give a more precise idea of the relationship between migration choice and longevity gains, in figure 6 we plot the

age- and gender-specific estimates of cold temperature mortality impacts ( $x$ -axis) against the corresponding age- and gender-specific estimates of the effect of the difference in cold days on the probability of mobility ( $y$  axis). The effects of the difference in cold days on the probability of mobility are the coefficients (in absolute value) on the interaction between the difference in cold days and age dummies in a model similar to the one in column 6 of table 10, where the interactions are separately estimated by gender. Note that these coefficients are not the mobility rates by age (which mechanically increase with age, and therefore are mechanically positively correlated with longevity gains). Instead, they represent the sensitivity of the mobility of different age groups to differences in cold days. Each observation is an age-gender group, where age groups are 35–44, 45–54, 55–64, 65–74, and 75+.

The figure shows that the age-gender groups that have the most to gain in terms of additional longevity caused by reduced exposure to cold are the ones whose mobility is the most sensitive to differences in annual cold days between localities. It is clear that the two variables are positively correlated. A regression of the age- and gender-specific mobility effects on the age- and gender-specific cold temperature mortality impacts yield a coefficient equal to .00010 (.00003), and an  $R^2$  equal to .54. The coefficient for males is .0011 (.0004), and  $R^2$  is .68. The coefficient for females is .00010 (.00006), and  $R^2$  is .48. Based on this finding, we conclude that individual mobility decisions appear to be correlated with the health benefits of avoiding exposure to cold weather shocks, even after controlling from where they were born, where they live, and an exhaustive list of mobility predictors.<sup>38</sup>

<sup>38</sup> We note a possible alternative interpretation of the results in this section. It is in theory possible that the introduction of air conditioning is

FIGURE 6.—RELATIONSHIP BETWEEN THE EFFECT OF COLD DAYS ON MOBILITY AND THE EFFECT OF COLD TEMPERATURE ON MORTALITY



Notes: The x axis represents age- and gender-specific estimates of cold temperature mortality impacts. The y axis represents age- and gender-specific effects of differences in number of cold days on mobility (see coefficients on interaction term in column 6 in table 9). Age groups are 35–44, 45–54, 55–64, 65–74, 75+.

## VI. Conclusion

Our findings indicate that increases in mortality caused by cold temperature are long lasting. We find evidence of a large and statistically significant permanent effect on mortality of cold waves. By contrast, the increases in mortality associated with heat waves are short lived. The increase in mortality that occurs in the days immediately following heat waves appears entirely driven by temporal displacement.

The aggregate effect of extreme cold on mortality is large. We estimate that the number of annual deaths attributable to cold temperature is about 0.8% of annual deaths in the United States during the sample period. This effect is significantly larger among males living in low-income areas.

The main contribution of this paper is to document the importance of a previously unrecognized determinant of gains in life expectancy in the United States. Over the past several decades, the U.S. population has moved from the northeastern and midwestern states to the southwestern states. This secular trend has resulted in a diminished exposure to cold weather. We calculate that every year, 4,600 deaths are delayed by the changing exposure to cold temperature. Such effect on longevity accounts for 3% to 7% of the overall increase in longevity experienced by the U.S. population over the past thirty years.

responsible for the mobility patterns uncovered above, under some assumptions. Specifically, if counties that have few days of extreme cold are also counties that before air conditioning had unpleasantly hot summers, and if age groups that benefit more from fewer days of cold are also the groups that benefit more from air conditioning, one might observe the relationship between mobility and cold days documented in table 10 even in the absence of any causal effect of cold weather on mobility.

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## APPENDIX A

### Calculation of Longevity Gains

This appendix describes in detail the calculation of the longevity gains in the paper. First, we note that every calculation is done separately for males and females. In order to better describe our procedure, we define some notation. Let  $N_{ajk}$  denote population of age  $a$ , residing in state  $j$ , born in state  $k$ . The differential exposure to cold weather shocks is defined as  $S_{jk}$  = number of annual cold weather days in state  $j$  – number of annual cold weather days in state  $k$ . Note that by construction,  $S_{jj} = 0$ .

### A. Step 1: Death Rates and Conditional Mortality Probabilities

Since the mobility patterns are tabulated from the 2000 Census, we also compute mortality rates and probability from the 2000 Multiple Cause of Death (MCOB) files. We estimate the age-specific death rates for each state as:

$$R_{aj} = \frac{D_{aj}}{\sum_{k=1}^{49} N_{ajk}} \quad a = 0, 1, \dots, 100,$$

where  $D_{aj}$  is the number of deaths occurring at age  $a$  in state  $j$ . In other words,  $R_{aj}$  is simply the ratio of the number of deaths at a given age, to the population of that age in a state. In the case where the age  $\times$  state-specific death rate is exactly 0 (which occurs when no deaths occur at a given age in a state), we use the national death rate for that age.<sup>39</sup> Conditional mortality probabilities are also computed from the data in the 2000 MCOB file. We consider ages 0 to 100 and compute the probabilities at the national level.

Let  $D_a$  denote the number of deaths at age  $a$ . The share of total deaths at age  $a$ ,  $F_a$ , is defined as

$$F_a = \frac{D_a}{\sum_{a=0}^{100} D_a} \quad a = 0, 1, \dots, 100$$

Given survival to age  $m$ , the conditional probability of dying at age ( $a > m$ ) is given by

$$P_{a|m} = \frac{F_a}{\sum_{i=m+1}^{100} F_i}.$$

Note that for a given survival age  $m$ ,  $\sum_a P_{a|m} = 1$ . By construction  $P_{a|m} = 0$  for  $a \leq m$ . For the last age group (when  $m = 100$ ), this probability is not defined, so we assume that no one lives past 100.

### B. Step 2: Affected Number of Migrants

First, we calculate the expected annual number of migrants deaths at age  $a$ . This is obtained by multiplying the number of migrants of age  $a$  in state  $j$  by the age-specific death rate in state  $j$  (so that we are assuming that the same death rates apply to both migrants to state  $j$  and residents born in state  $j$ ):

$$E_{aj} = \sum_{k=1}^{49} R_{aj} \times (N_{ajk} - N_{ajj}),$$

where  $E_{aj}$  = expected annual number of migrant deaths in state  $j$ , at age  $a$ . For the United States as a whole, approximately 700,000 migrant deaths were expected in 2000. There is substantial variation across states in the expected number of migrant deaths, which reflects differences across states in the number and age distribution of migrants and in age-specific mortality rates. For example, the unadjusted standard deviation in the number of annual expected migrant deaths is 19,100. The states with the highest totals are California and Florida, and the lowest totals are for Washington, DC, and North Dakota.

From this, we calculate the affected number of migrant deaths—the annual number of migrant deaths attributable to (mobility-induced) differential exposure to cold weather shocks:

$$A_{aj} = \sum_{k=1}^{49} E_{aj} \times \beta_a \times S_{jk}/365.25,$$

where  $\beta_a$  is the dynamic causal effect of a cold weather day on daily mortality rates for age group  $a$ , taken from table 5. Since we calculate the

<sup>39</sup> For the 49 states and the 101 ages in our data, imputation is required for 36 of 4,949 state  $\times$  age pairs.

affected number of migrants deaths by single year of age, we assign  $\beta_a$  accordingly to the age groups. Note that we divide by 365.25 because the mortality regressions are at the day level, so dividing by 365.25 converts this effect back in annual terms.

Our estimates suggest that the total number of affected migrant deaths is  $-2,992.0$  for females and  $-1,598.9$  for males, so that on the net (mobility-induced) differential exposure to cold temperature shocks delayed mortality of about 4,600 migrants.

Again, there is important variation across states in both the sign and magnitude of the affected number of migrant deaths. At the two extremes are California and Michigan. In conjunction with differential exposure to cold weather days, mobility to California delayed the mortality of 1,539 individuals in 2000, while mobility to Michigan accelerated the mortality of 132 individuals.

**C. Step 3: Counterfactual Distribution of Longevity, with Implied Effect on Average of Death**

We implement this by calculating the actual share of death at age  $a$  ( $F_a$ ; see step 1) and the counterfactual share of death at age  $a$ ,  $\hat{F}_a$ . The average age of death in the affected group of migrants is changed by mobility. This in turn changes the average age of death in the population as a whole. Depending on the age group, mobility may accelerate death (positive  $\beta_a$ ) or delay mortality (negative  $\beta_a$ ). The counterfactual age-of-death distribution is obtained as follows:

$$\hat{D}_a = \sum_{j=1}^{49} \sum_{m=a+1}^{99} [1(\beta_a < 0) \times P_{a|m} \times A_{aj} + 1(\beta_a > 0) \times a].$$

where  $\hat{D}_a$  is the counterfactual number of deaths at age  $a$ . For the age groups for which mobility decreases longevity (positive  $\beta_a$ ), the counterfactual age of death is simply the given age. For the age groups for which mobility increases longevity (negative  $\beta_a$ ), the counterfactual age of death is obtained from the conditional probabilities of death.

To obtain the counterfactual share of death at age  $a$ , we simply divide  $\hat{D}_a$  by the total number of deaths in the counterfactual distribution:

$$\hat{F}_a = \frac{\hat{D}_a}{\sum_{a=0}^{100} \hat{D}_a + NA_a} \quad a = 0, 1, \dots, 100,$$

where  $NA_{aj}$  is defined as  $NA_{aj} = D_{aj} - A_{aj}$ . The mean effect on longevity is computed as follows:

$$= \sum_{a=0}^{100} (\hat{F}_a - F_a) \times a.$$

Based on our estimates, this number is 0.014 year for females and 0.008 year for males, or three to five days. To put this number in perspective, we compare it to the annualized increase in longevity in the United States over the period 1970–2000. In annual terms, the average age of death in the white population has increased by 0.20 to 0.25 years per calendar year over the past thirty years. Assuming that the age distribution of movers across states is constant over time, we can compare our estimated longevity effect of mobility to the annualized increased in overall longevity in the United States between 1970 and 2000. Our estimate of the longevity effect of mobility corresponds to approximately 4%–7% of these annual gains in overall longevity. We view this as a remarkably large effect.